



Portsmouth Neurodiversity Team Training programme

Training programme Spring term 2026

The Neurodiversity team are pleased to be able to offer the following training in the Spring term 2026. The training offer will be a rolling programme of training throughout the 2025/26 academic year.

Profile Tool Training - Portsmouth Academy Training and Learning Centre - 9.30 - 1.00pm

Training on how to complete the neurodiversity profiling tool and the neurodiversity pathway in Portsmouth.

- 15th January 2026
- 19th February 2026
- 19th March 2026
- 16th April 2026

Understanding Myself Training - Online via Teams - 10.00-11.00pm

The Understanding Myself programme has been developed by Daisy Chain as part of the Autism in Schools Project which is a national initiative. It has been piloted and adapted in co-production with neurodiverse young people and is underpinned by numerous psychological theories and practices.

Understanding Myself is a 6-week programme (1 hour per week) designed to help the young people to understand and be able to communicate their needs.

The aim of the intervention is to increase self-awareness; help others understand the needs of the young people and their unique experiences of the world; improve self-esteem and raise confidence.

Once trained you are provided with a pack that will contain all the activities, resources, and information you need to deliver the sessions.

- 11th February 2026

“See behaviour?... think language and communication needs” - Portsmouth Training Academy and Learning Centre - 1.30-3.30pm

Find out about speech, language and communication differences within Neurodiversity.

They are usually well hidden and show themselves as behaviour, emotions or difficulties with relationships.

Neurodiverse language & communication skills

The language & communication differences of ASD, ADHD and when they exist alone as ‘Developmental Language Disorder’.

DLD is far more common than ASD and research tells us 1-2 children in every classroom have it.

DLD... See Me

Supporting DLD or Language & Communication needs using a communication friendly classroom and home.

- 10th March 2026
- 9th June 2026



To book a place please email Neurodiversity0-19Enquiries@portsmouthcc.gov.uk confirming which session you would like to book onto.