



## Portsmouth Neurodiversity Team Training programme

### Training programme Autumn term 2025

The Neurodiversity team are pleased to be able to offer the following training in the Autumn term 2025. The training offer will be a rolling programme of training throughout the 2025/26 academic year.

### Profile Tool Training - Portsmouth Academy Training and Learning Centre - 9.30 - 1.00pm

Training on how to complete the neurodiversity profiling tool and the neurodiversity pathway in Portsmouth.

- 18<sup>th</sup> September 2025
- 16<sup>th</sup> October 2025
- 20<sup>th</sup> November 2025
- 18<sup>th</sup> December 2025

### Profile Tool Training Online (via Microsoft Teams) - 7.00-9.00pm

- 8th October 2025

### Understanding Myself Training - Online via Teams - 10.00-11.00pm

The Understanding Myself programme has been developed by Daisy Chain as part of the Autism in Schools Project which is a national initiative. It has been piloted and adapted in co-production with neurodiverse young people and is underpinned by numerous psychological theories and practices.

Understanding Myself is a 6-week programme (1 hour per week) designed to help the young people to understand and be able to communicate their needs.

The aim of the intervention is to increase self-awareness; help others understand the needs of the young people and their unique experiences of the world; improve self-esteem and raise confidence.

Once trained you are provided with a pack that will contain all the activities, resources, and information you need to deliver the sessions.

- 15<sup>th</sup> October 2025

### “See behaviour?... think language and communication needs” - Portsmouth Training Academy and Learning Centre - 1.30-3.30pm

Find out about speech, language and communication differences within Neurodiversity.

They are usually well hidden and show themselves as behaviour, emotions or difficulties with relationships.

### ***Neurodiverse language & communication skills***

The language & communication differences of ASD, ADHD and when they exist alone as ‘Developmental Language Disorder’.

DLD is far more common than ASD and research tells us 1-2 children in every classroom have it.

### ***DLD... See Me***



Supporting DLD or Language & Communication needs using a communication friendly classroom and home.

- 18<sup>th</sup> November 2025

**To book a place please email [Neurodiversity0-19Enquiries@portsmouthcc.gov.uk](mailto:Neurodiversity0-19Enquiries@portsmouthcc.gov.uk) confirming which session you would like to book onto.**