



ACTIVE MINDS & BUSY BODIES:

A drop in clinic run by Neurodiversity Practitioners to guide you in supporting your child or young person in managing challenges around inattention, hyperactivity and impulsivity and discuss strategies to support with this.

Location and dates of drop ins:

Buckland Family Hub:

Wednesday 11th June (12pm till 2pm)

Wednesday 20th August (10am till 12pm)

Wednesday 15th October (10am till 12pm)



Somerstown Family Hub:

Wednesday 16th July (10am till 12pm)

Wednesday 17th September (10am till 12pm)

Wednesday 19th November (10am till 12pm)

Wednesday 17th December (10am till 12pm)

You can attend any clinic, there is no need to book.



Scan here for
advice and
support.



PHONE
023 95 60 6051



EMAIL
neurodiversity0-
19enquiries@portsmouthcc.gov.uk