

Calling all professionals working with families in the first 1001 days! No matter what your role: Social Worker/Early Years/Early Help/Business Support/Hospital/Voluntary sector? YOU can make a difference in supporting families with their feeding journey and making Portsmouth a 'Breastfeeding Aware and Friendly' City.



MULTI-AGENCY BASIC INFANT FEEDING AWARENESS TRAINING - 2025

Supporting families to breastfeed offers the best possible start in life. It improves infant and maternal health and wellbeing, in both the short and long term, making it one of the largest public health interventions there is! Topics include:

- Exploring the practical, emotional and cultural barriers
- Communication skills to support breastfeeding and enhance conversations
- Public health benefits
- Safe formula feeding
- Identifying issues and signposting to further support.

In person

Venue Block C St Mary's Community Health Campus -
Email Sophie Burgues as below

13th May 2025 09:00 - 12:30

12th August 2025 09:00 - 12:30

18th November 2025 09:00 - 12:30

Online

Email Sophie Burgues as below for MS Teams Link

18th Jun 2025 12:00 - 15:00

26th September 2025 11:00 - 14:00