



Portsmouth Neurodiversity Team Training programme

Training programme Spring term 2025

The Neurodiversity team are pleased to be able to offer the following training in the Spring term 2025. The training offer will be a rolling programme of training throughout the 2024/25 academic year.

Profile Tool Training - Portsmouth Academy Training and Learning Centre - 9.30 - 1.00pm

Training on how to complete the neurodiversity profiling tool and the neurodiversity pathway in Portsmouth.

- 16th January 2025
- 13th February 2025
- 13th March 2025
- 24 April 2025

Profile Tool Training - online training via Microsoft Teams - 7.00pm-9.00pm

- 20th January 2025
- 24th February 2025

Understanding Myself Training - Online via Teams - 10.00-11.00pm

The Understanding Myself programme has been developed by Daisy Chain as part of the Autism in Schools Project which is a national initiative. It has been piloted and adapted in co-production with neurodiverse young people and is underpinned by numerous psychological theories and practices.

Understanding Myself is a 6-week programme (1 hour per week) designed to help the young people to understand and be able to communicate their needs.

The aim of the intervention is to increase self-awareness; help others understand the needs of the young people and their unique experiences of the world; improve self-esteem and raise confidence.

Once trained you are provided with a pack that will contain all the activities, resources, and information you need to deliver the sessions.

- 5th February 2025

To book a place please email Neurodiversity0-19Enquiries@portsmouthcc.gov.uk confirming which session you would like to book onto.