

### **Training programme Autumn term 2024**

The Neurodiversity team are pleased to be able to offer the following training in the Autumn term 2024. The training offer will be a rolling programme of training throughout the 2024/25 academic year.

#### **Profile Tool Training - Portsmouth Academy Training and Learning Centre - 9.30 - 1.00pm**

Training on how to complete the neurodiversity profiling tool and the neurodiversity pathway in Portsmouth.

- 19<sup>th</sup> September 2024
- 24<sup>th</sup> October 2024
- 21 November 2024
- 19 December 2024

#### **Profile Tool Training - online training via Microsoft Teams - 7.00pm-9.00pm**

- 23 September 2024
- 25 November 2024

#### **Understanding Myself Training - Online via Teams - 10.00-11.00pm**

The Understanding Myself programme has been developed by Daisy Chain as part of the Autism in Schools Project which is a national initiative. It has been piloted and adapted in co-production with neurodiverse young people and is underpinned by numerous psychological theories and practices.

Understanding Myself is a 6-week programme (1 hour per week) designed to help the young people to understand and be able to communicate their needs.

The aim of the intervention is to increase self-awareness; help others understand the needs of the young people and their unique experiences of the world; improve self-esteem and raise confidence.

Once trained you are provided with a pack that will contain all the activities, resources, and information you need to deliver the sessions.

- 6 November 2024

**To book a place please email [Neurodiversity0-19Enquiries@portsmouthcc.gov.uk](mailto:Neurodiversity0-19Enquiries@portsmouthcc.gov.uk) confirming which session you would like to book onto.**