



Family Assist
Solent



**An online portal to help
parents and families
access key information
and support for all ages**



What is Family Assist?



Family Assist is an online library of information written or approved by local health and other professionals to give parents and care givers a single source of information for local and national support.

What are the benefits of signing up?

By signing up to Family Assist Solent, you will receive:

- Access to online Solihull parenting courses for all ages and stages.
- Regular information by email at the time it is important.
- Access local information, advice, and resources.
- Access the 'Ask a Question' email facility for non-urgent questions, responded to within 2 working days.
- Ability to invite family and friends to become members of your child's record so everyone around you and your family receives the same information and support.

How to sign up

Family Assist is available to all families living in Portsmouth and their extended family and friends.

Scan the QR code or visit the portal by using the link below to create an account. Be sure to create a record for each child to make the most of what Family Assist has to offer.

Scan here



www.solent.nhs.uk/familyassist

