

HELP WITH THE COST OF LIVING

Check if you qualify for a household support voucher or payment at portsmouth.gov.uk/household-support

If you can't go online, call 023 9268 8010

Everyone can get free cost of living support and advice.

See over for details [↪](#)

OUR HUB AND HELPLINE

Visit our online cost of living hub, a one-stop source of local advice and support, at portsmouth.gov.uk/costofliving

Find information on how you can get support with food, bills, and essentials; how to save money, and how to deal with debt, housing, health and wellbeing issues.

If you want to talk to someone, call us on **023 9284 1047** for advice tailored to your individual situation. The helpline is available 9am–5pm on weekdays (closes 4.30pm Fridays).

ADVICE PORTSMOUTH

You can get help with a range of money matters, including debt advice, benefit entitlements and applications, household bills and budgeting, consumer issues and employment rights:

 adviceportsmouth.org.uk  **023 9279 4340**

YOUR LOCAL HOUSING OFFICE

If you're a council tenant, your housing officer has access to specialist money advice to help make sure you're getting all the money you're entitled to:

 portsmouth.gov.uk/contact/#housing

SWITCHED ON PORTSMOUTH

As a Portsmouth resident, you can access a number of ways to save energy, money and carbon:

 switchedonportsmouth.co.uk  **freephone 0800 260 5907**



023 9284 1047