





Training programme Summer term 2024

The Neurodiversity team are pleased to be able to offer the following training in the Summer term. The training offer will be a rolling programme of training throughout the 2023/24 academic year.

Profile Tool Training - Portsmouth Academy Training and Learning Centre - 9.30 - 1.00pm

Training on how to complete the neurodiversity profiling tool and the neurodiversity pathway in Portsmouth.

- 21 May 2024
- 25 June 2024
- 16 July 20024

<u>Understanding Myself Training - Online via Teams - 10.00-11.00pm</u>

The Understanding Myself programme has been developed by Daisy Chain as part of the Autism in Schools Project which is a national initiative. It has been piloted and adapted in co-production with neurodiverse young people and is underpinned by numerous psychological theories and practices.

Understanding Myself is a 6-week programme (1 hour per week) designed to help the young people to understand and be able to communicate their needs.

The aim of the intervention is to increase self-awareness; help others understand the needs of the young people and their unique experiences of the world; improve self-esteem and raise confidence.

Once trained you are provided with a pack that will contain all the activities, resources, and information you need to deliver the sessions.

15 May 2024

<u>Neurodiversity profiling tool - Support with strategies and building a plan - Portsmouth</u> Academy Training and Learning Centre 9.30-12.30

This training is for those individuals that have already completed the profile tool training. The session will provide further training regarding building a support plan once the profiling tool has been completed. Within the session we will also look at how the profiling tool should be reviewed and how the neurodiversity team can support with this.

8 May 2024

To book a place please email <u>Neurodiversity0-19Enquiries@portsmouthcc.gov.uk</u> confirming which session you would like to book onto.