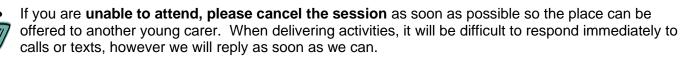
Young Carers February Holiday Activities 2024



This holiday we are introducing a new way to book onto activities. Please text 07534 922980 with your main and at least 1 reserve choice **by Sunday 4 February**. We will then allocate spaces fairly and confirm which activity your young carer can attend. Any bookings made after this date will be added to the reserve list and we will let you know if spaces become available.

 When booking please include the young carers full name, age, and ensure you have received your confirmation text from us by Thursday 8 February.



- There are large numbers of young carers attending the project so to make it fair we need to share out
 popular and more costly activities during the year. Please bear this in mind when making your
 choices.
- Some of our holiday activities are community based. Unfortunately, we are unable to offer individual young carers extended 1:1 support at these sessions. Please contact us if you would like to discuss your child's individual needs in relation to this.
 - Please bring a **drink** & a **coat**. If the weather is sunny please wear or **bring sun-cream** to the session You can also bring a **snack** if you would like to.
 - Please can you check we have an **up-to-date 'Consent' form** before attending activities. We will have blank consent forms for parents/carers to complete at activities, should you need to.
- Places at our Wednesday and Saturday groups continue to be offered to young carers. Both currently have waiting lists. Please contact us if you are interested in joining one of them.
- Some age guidelines may be flexible, please let us know if you have any questions or if there's anything stopping you from coming to an activity.
- Please be aware if there are any unforeseen circumstances, we may need to provide alternative activities or cancel sessions.
- We look forward to hearing from you and seeing you all soon, The Young Carers Team.

Addresses for some activities

- Carers Centre, 117 Orchard Rd, Southsea, PO4 0AD
- Mountbatten Leisure Centre, (main entrance by car park) Alex Way, Hilsea, Portsmouth PO2 9QA
- Paulsgrove Family Hub, Cheltenham Rd, Portsmouth PO6 3PL
- Portsmouth Museum, Museum Rd, PO1 2LJ
- Somerstown Family Hub, Omega St, Southsea, Portsmouth, Southsea PO5 4LP 023 92821816 (this is in Omega street, <u>not</u> the hub across Winston Churchill Ave.)
- D-Day Story, Clarence Esplanade Portsmouth England PO5 3NTJohn Pounds Centre, 23 Queen Street, (access via Aylward Street), Portsea, PO1 3HN
- The Learning Place, 6 Derby Road, PO2 8HH (Entrance to the side of Derby Road Post Office)

<u>Adventure playgrounds</u> (6 to 13 year olds) - If you would like to attend a playground session, please contact the site directly. If you need any support with this, please let us know.

- Buckland adventure playground, Malins Road, PO2 7BA, 023 9283 2611
- Landport adventure playground, Arundel Street, PO1 1PH 023 9282 4571
- Paulsgrove adventure playground, Marsden Road, PO6 4JB, 023 9222 1527
- Portsea adventure playground, Aylward Street, PO1 3PB, 023 9275 3237
- Somerstown adventure playground, Waterloo Street, PO5 4HS, 023 9287 3236
- Stamshaw adventure playground, Western Terrace, PO2 8JX, 023 9269 0241





Young Carers February Holiday Activities 2024



Saturday Group

Morning 8 - 14 years

Saturday Young Carers group, John Pounds Centre, Portsea Please email us if you are interested - there is currently a waiting list.



Sat Mobile 07985 397970 For use on the morning

Monday 12 **February**

10.30am - 12.30pm Games and art & crafts session (drawing / painting clay) Meet at: Somerstown Family Hub

OMEGA STREET

1.30pm - 3.30pm Family Art + Games at **Carers Centre**

Meet at: Carers Centre

6pm - 8.30pm 13 - 18 years **Monday Eve Group**

6+ years

(All Mondays except Bank holidays) Meet at Carers Centre



Tuesday 13 **February**

Morning (time to be confirmed) 6 - 11 yrs Exploria - indoor climbing and slides (Paid by Zurich Insurance)

Meet at: Pyramids Centre, Clarence Esplanade, Southsea PO5 3ST

2 - 4.30pm **D-Day Story**

Make your own genuine Air fix model to take home in this exclusive event

Meet at: The D-Day Story

Wednesday 14 February

10.00am - 12.30pm Cooking - let us know of any food allergies and dietary requirements.

Meet at Carers Centre Please bring an empty container for your food. 2pm - 4pm Art + crafts. Games at **Paulsgrove**

Meet at: Paulsgrove Family Hub Early evening 8 - 18 years Wed group, **Paulsgrove**

Please contact us if you are interested in joining this group.

Evening NEW DAY

Contact Mandy 07464 529837



6.45pm - 9pm 12 - 17years Playzone Teen Session

Please bring socks +cover arms/legs

1.30-3.30pm approx.1 parent/adult age 18+ & 1 young carer age 8+ Family Cooking - North End Please let us know of any food

Meet at 'The Learning Place, Please bring containers for your cooking

for 18-25 years Group



Meet at:

Playzone, Unit A4, Oakpark Industrial Estate. North Harbour Rd, Cosham, PO6 3TJ

Thursday 15 February 1

9.40am - 11.30am **Bowling - Hollywood Bowl**

Meet at: The side of Marks & Spencer, Gunwharf Quays (vehicle drop-off point)

(Please wear Closed toe shoes)

1.30pm - 4pm

Ocean Themed Arts & Crafts, art competition, Sea trail + museum

Meet at: Portsmouth Museum



1.30-3.30pm approx.1 parent/adult age 18+ & 1 young carer age 8+ Family Cooking - North End

Please let us know of any food allergies.

Meet at 'The Learning Place, 6 Derby Road, PO2 8HH Please bring containers for your cooking

Fri 16 **February**



Morning (time to be confirmed) Clip + climb session - Mountbatten **Leisure Centre**

Please wear long sleeves, trousers & suitable shoes. Please complete this form before the young person

https://roller.app/clipnclimbportsmouth/ waiver/#/

Meet outside entrance

12.40pm - 2.15pm 12+ years Swimming - Wet & Wacky

Mountbatten Leisure Centre By attending this you are agreeing young carers are water - confident + able to swim (staff not in water)

Meet outside Mountbatten entrance

