

# ENFIELD MENTAL HEALTH & WELLBEING COMMUNITY FORUM

Thursday 22 February 2024  
10am–3.30pm

Green Towers Community Centre  
7 Plevna Road  
Edmonton  
London  
N9 0BU

- Making Meaningful Connections
- Connecting Communities
- Sharing Experiences

[Google Maps location](#)

Refreshments provided

Wellbeing  
Workshops

Physical Health Checks    Mindfulness

Football and  
physical  
activities

Employment  
sessions

Musical  
Entertainment

Please book your FREE place at the event  
by scanning the QR code or by visiting the  
Eventbrite link:

<http://tinyurl.com/Enfield22February2024>



SCAN ME



If you have any questions, please contact Erika Paula, Transformation Lead, Enfield  
by telephone on 07747 031840 or via email at [e.paula@nhs.net](mailto:e.paula@nhs.net)