

This issue: December 2023

- White Ribbon Day
- Minority Matters
- Community 'upcycling'
- NRPF Asylum support
- Youth safety strategy
- Arsenal community hub



Better Mental Health, Better Lives, Better Communities,

The Partnerships team works to develop and strengthen the links between Core Team practitioners and community services – helping clients to access local support and resources to improve their health and wellbeing.

Philippa Russell - North Team

Mary Doherty - Central Team



The Partnership team attended the event organised by the Trust held at St Pancras. Presentations emphasised trauma informed awareness/practice in addressing violence against women & girls. The importance of including men and boys in this understanding and strategy was highlighted. The well attended event was opened by Medical Director Vincent Kirchener and our Core team colleague Jason Grant-Knowles.

Partnership marks White Ribbon Day with workshops, pledges and poetry | News | Camden and Islington Intranet (candi.nhs.uk)

NHS Foundation Trust Guardian 0333 577 2773 contact@theguardianservice.co.uk.

https:// www.thesurvivorstrust.org/

anna.young14@nhs.net - for Advice re. patients & Domestic Abuse, weekly drop-in session





Psychologist colleagues from TSC joined Philippa, Mary, and Kwabena Anyemedu in two interactive sessions. Meeting with the Somali community group's parent champions following the fatal stabbing of a young man known to them. At the organisers request the sessions provided an opportunity for parents to share their collective shock and concerns for future safety. Some basic grounding techniques and breathing exercises were shared by

the psychologists. We also shared information around accessing GP support, Core and Transitions team offer.

"Good communication addressed the issue, and the solution, and who to ask for help."

Archway Upcycle Group @Girdlestone Community Centre N19 5DX



An inclusive and welcoming community initiative is inviting local residents to come along on Fridays & last Sunday each month 10am-4pm. If they have something they'd like to make, fix, or take part in joint projects, volunteers are there to help. All skill levels are welcome.

Contact: Darren - archwayupcycle@gmail.com

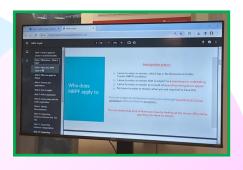




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No Recourse to Public Funds (NRPF)

Community Legal advice Centre (City CLAC) offered a free workshop around immigration Rights. This covered advice around immigration rules on accessing jobs, homes and services and support around no recourse to public funds. It highlighted the importance of getting legal advice around rights and application forms — contact Islington Law Centre, Unity Project and Joint Council for the Welfare of Immigrants.





Presentation slides are available upon request

Voluntary Action Islington and Healthwatch Islington hosted a 'Community Conversation on Youth Safety' in the borough. Attendees from Islington council and local Voluntary, community and faith groups came together to review the current 'youth safety strategy' and to discuss how and what more we might do, to support young people effectively. Topics covered - examples of local initiatives around

VAWG, role of parent champions, safe havens, role out of bleed-out kits,



The Core team was represented at a 'graduation' session marking the end of 12 weeks of the 'Shape up' programme for men. Information around GP access, '5 ways to wellbeing', supportive community resources and Core team offer were outlined with a positive response. And we have been asked to return for the next cohort. Programme begins January.



NEWS & UPDATES ~





- More than four in five GP practices (81.1%) in England are now giving patients access to their new health records online, Instead of needing to contact their GP practice, 23.5 million people can now view test results and check their consultation notes on their smartphone or online through the NHS App.
- Affordable and FREE food in Islington: CHRISTMAS HOLIDAY UPDATE community projects are open across the borough providing hot food/groceries (see attached)
- New role at C&I to support those affected by domestic and sexual abuse

Holly Thomas joins the Trust "I will provide advice and support to staff who are responding to domestic and sexual abuse' New role at C&I to support those affected by domestic and sexual abuse I



 A new colleague joins the Partnerships team in January - Kay Carter will be based within the South Core team. She brings with her a wealth of knowledge and experience having previously worked at Hillside Clubhouse.

Wishing everyone a peaceful restorative break over the festive period... and a happy new year!

Best wishes from the Partnerships Team - Philippa & Mary