



Camden and Islington Crisis Single Point of Access

If you live in the Borough or Camden & Islington and need urgent mental health support, please call The Crisis Single Point of Access Freephone Tel 0800 917 3333, this number is available 24hours a day, 7 days week.

The Single Point of Access is run by the crisis team clinicians who through triage process will decide how best to support you, this maybe referral to crisis team or other signposting advice.

Camden Crisis Sanctuary

[The Camden Crisis Sanctuary](#) is a safe place for people in mental health crisis and distress to attend for support.

The Camden Crisis Sanctuary is a free service open to people aged 18+ years of age who live in Camden or have visited mental health services in the borough.

Open Monday – Sunday, 5-11pm, 365 days a year. Please note, our last admission for walk-ins is 10:30pm.

You can attend the Sanctuary in person for face-to-face support at any time between 5-10:30pm. If you don't want to come in for a face-to-face meeting, you can telephone the Sanctuary team for support during opening hours. Our phone number is: 07825 165464.

Islington Mind Crisis Café

[Islington Mind's Out of Hours Crisis Café](#) offers support to Islington residents who are at risk of crisis.

The café is open every evening and every weekend.

We offer four appointments per evening Monday to Friday for Service Users at risk of Crisis

Drop-in: Monday to Friday 6.15pm – 9.30pm and weekends 2:30pm – 5:30pm.

Places are currently limited to 15 service users, please contact the Café directly during opening times on 020 7263 3397.

Crisis Single Point of Access can also directly book you in for appointment with Mind Crisis Café.

Mental Health Crisis Assessment Service (MHCAS)

Our 24-hour MHCAS offers a calm and therapeutic mental health setting to see the majority of emergency mental health presentations and represent an improvement on the service previously offered in busy emergency departments.

[More information here.](#)



24-hour Crisis Telephone Service

Our 24/7 crisis telephone service is the first point of contact for people who are in mental health crisis and who live in Barnet, Enfield and Haringey.

You can call this number 0800 151 0023 to get help or advice in a crisis from our trained mental health advisors and clinicians, 24 hours a day, 7 days a week, 365 days a year.

[More information here](#)

Other helplines – [information and details here](#)