



Summer SEND activities covering West Essex (Harlow, Epping Forrest, and Uttlesford Districts).

What's on?

Epping District Council Disability inclusion project have arranged activities to get everyone involved with siblings welcome too! Activities include:

- Athletics
- Soccerability and Football Fun
- Pizza Making
- Seed Bomb Workshop
- Puppet Making
- Trampolining
- Boxing

Epping District Council Disability inclusion project has a range of events and activities available throughout the west of Essex; some notable ones are:

- **CanalAbility** - A relaxing day along the River Stort. Whether you want to have a steer, work the locks, or just sit or watch the world go by from the water, this promises to be a great day!
- **Forest Fun Days** - Bugs hunts, Trails, Pond Dipping, Crafts and more! Parents / Carers and siblings are welcome. Please take a packed lunch!
- **Bounce and Swim** - An energetic two-hour session starts with one hour of trampolining before we hit the pool to cool off!
- **Multi Sports Camp**

[Click here to visit EDC's website for a full list of Events.](#)



Go on one or two-night camping adventure with **Lambourne End Centre** Your child will need:

- Sleeping bag
- Swimming costume
- Towel
- Warm clothes for the evening.

Various activities throughout the days and evenings will include:

- Pizza making
- Fencing
- Team Games
- BBQ

And much More!

Wednesday 25th August – Friday 27th August

They also have selective **Fun Days** for young people **aged 8 to 18**

[Click here to visit Lambourne End's website.](#)



Other places to take note of ...

SEND Hubs

Epping Forrest -

Where: Leverton Primary, EN9 3BE
When: 1st to 4th June at 10am-2pm
Provider: Epping Forest Disability Forum

Harlow -

Where: The Xperience Centre, CM19 5RD
When: 1st to 4th June at 10am-2pm
Provider: Saved By The Bell

Uttlesford -

Where: St Mary's Primary School, CB10 1BQ
When: 1st to 4th June at 10am-2pm
Provider: Olivers Lodge

InterAct

InterAct have a range of support, activities and opportunities for both children and young people with SEND and their parents and carers.

They empower children, young people, parents and carers to make informed decisions allowing them to take control on the exercise and how it is provided.

[Click here to visit InterAct's website.](#)

Essex Outdoors offer action-packed day experiences in their centre throughout the school holidays for **ages 8 to 16**.

[Click here to visit Essex Outdoors' website.](#)

Mental Wellbeing Hubs

Epping Forrest -

Where: Leverton Primary, EN9 3BE
When: 1st and 3rd June at 3.30-5.30pm
Provider: Red Balloon Foundation

Harlow -

Where: Changing Lives Community Hub, CM20 1LR
When: 1 and 3 June at 3.30-5.30pm
Provider: Changing Lives

PACT - Contact:

Email: info@pactforautism.org.uk
Telephone: 01279430300

What's going on Essex Wide?

Active Essex - Essex County Council will be delivering the biggest ever summer programme across the county through our Essex ActivAte summer holiday activity and food programme. Over 5 weeks of the summer holidays we will be delivering **FREE** holiday activity for young people who are eligible for benefits based free school meals.



[Click here to visit the Active Essex's website.](#)