

Resource the Trainer

Milton Keynes want to develop a trauma informed approach across all services that children, young people, and families' access, e.g., The Healthy Child Programme (0-19 years), Early Help, Early Years, Primary Schools, Social Care, and The Youth Justice Services.

As residents use more than one service and a consistent trauma informed approach, with the same knowledge, understanding, language and practice will consistently endorse and strengthen the impact.

The Resource the Trainer Programme will enable longevity and sustainability for Five to Thrive Milton Keynes.

There are 20 places for the Resource the Trainer Programme and the training commitment is for 2.5 days and candidates should ideally be experienced practitioners with capacity and a commitment to cascade training. Practitioners will have some training experience, and be available for the training dates.



Resource the Trainer workshops

Five to Thrive and Mending Hurts: The importance of connected relationships

Date: 30th April 9.30am - 3.30pm

face to face

Five to Thrive: A model which encourages noticing attuned, co-regulating and stimulating relationships, an approach to relationships which is infused with compassion and curiosity, a framework for relating which can be taught to colleagues and families.

Mending Hurts: An approach for promoting recovery from trauma through stabilisation, (the 'settling' of the nervous system through co-regulation), integration, the activation of the thinking brain through guidance, and adaptation the development of social connectedness through support.

Resource the Trainer: Prepare to Lead Training

Date: 22nd May 9.30am - 3.30pm

face to face

A workshop to equip participants with what they need to disseminate core knowledge on trauma informed practise. The courses prepared the trainers to deliver all versions of the host content delivered on day one on the content is adaptable in terms of length, preferred topic, audience, and delivery medium.

Participants will be given a guide to delivering training in an e-learning training module which they will have ongoing access to.

Reflecting on Practice as a Trainer

Date: 26th June 1pm - 4.30pm

online web tutorial

Participants will be facilitated to share stories of their delivery, and consider what went well and what didn't, what they learned from the experience and might do differently next time. Any outstanding do they have about the knowledge base.

Register

To take part in this fully funded professional development opportunity please register with
Liz.Wilson@Milton-keynes.gov.uk

