

LFD Home Testing Flowchart for Asymptomatic Educational Staff across Milton Keynes

From 12 April 2021

Have you or anyone in your household developed symptoms of COVID-19: new continuous cough (coughing frequently for more than an hour, or 3 or more coughing episodes in 24 hours) and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia).

NO

YES

Take an LFD Test.

This should be done:

- ✓ twice weekly
- ✓ 3-4 days apart as agreed with your setting
- ✓ in the morning before you leave for work.

Click here to see How to do an LFD Test

www.gov.uk/covid19-self-test-help

If you have had a Covid-19 vaccination you can still take an LFD test.

If staff have recently (within 90 days) had a positive PCR test for COVID-19 they are exempt from testing by both PCR and LFD within 90 days of a positive PCR test, unless they develop new symptoms. Individuals may choose to take a LFD test after the isolation period.

Read your test result at 30 minutes (**not before or after**).

Inform your setting of your result **so they can start contact tracing if staff member was in setting in previous 48 hours and notify the LA via the usual notification form.**

Log your result online at www.gov.uk/report-covid19-result (or by phone 119 if no internet available).

NEGATIVE
LFD TEST RESULT

VOID
LFD TEST RESULT

POSITIVE
LFD TEST RESULT

CAUTION
Go into the setting as normal and continue to take all current precautions. The test did not detect COVID-19 but rapid tests miss some infections. **A negative test does not rule out coronavirus infection.**

If 1st void result: repeat using a new LFD test kit.
If 2nd test result is void: book a PCR test and inform the setting. You **DO NOT** need to self-isolate unless PCR is positive.

DO NOT use the LFD Test and **DO NOT** go to the setting. Book a standard PCR test as soon as possible for you or anyone in your household with symptoms.

This can be done online at:
www.nhs.uk/coronavirus.

Please do not let anyone from your household go into a setting or work until the test result is known.

Alternatively a test can be ordered by phone on NHS 119 for those without the internet.

Positive Result
Inform your setting.

You and your household must self isolate for 10 days from start of symptoms or date of LFD test as per Government guidelines.

Negative Result

You can return to setting and your household can stop isolating. Restart twice weekly LFD testing.

Book a PCR test **WITHIN 2 days** of your LFD test online at <http://www.gov.uk/get-coronavirus-test> or telephone NHS 119. You and your household and/or support bubble must self-isolate whilst awaiting the result.

Please note

- LFD tests are used for identifying asymptomatic cases and should not be used if you have any symptoms.
- LFD tests are safe to use in pregnancy.
- If you have had a Covid-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.
- If you have been identified as a close contact of a positive case, a negative LFD test does not mean you can stop isolating.
- If you have had a recent nosebleed, or have a nose piercing use the other nostril to swab for the LFD test.
- If staff have recently (within 90 days) had a positive PCR test for COVID-19 they are exempt from testing by both PCR and LFD within 90 days of a positive PCR test, unless they develop new symptoms. Individuals may choose to take a LFD test after the isolation period.

Read through the NHS Test & Trace booklet: Your step-by-step guide for Covid-19 self-testing given to you with your test kits



Covid-19 Self-Test Instru...

