



Mountain challenge raises a high total for hospital charity

Thirty hardy supporters battled the elements to complete a challenging Snowdon at Night trek raising an incredible £16,000 for The Medway Hospital Charity.

The team comprised staff from Medway Maritime Hospital, and their families and friends, plus 21 corporate supporters from Grain LNG.

Stuart Clack, Grain LNG Performance Excellence and Wellbeing Specialist, said: "Working for Grain LNG, a National Grid company, it's fair to say we have been exposed to many fundraising events over the years, however with the disruption of the pandemic our staff have not had an opportunity to partake in an event for a few years now.

"Recognising this gap we wanted to do something different which not only benefits our staff but the local community to the fullest. The Medway Hospital Charity's Snowdon at Night trek answered all our requirements so we set out building a team.

"This was surprisingly easy and it wasn't long

before we had 21 brave participants signing up for the challenge. Leading up to the event there was a real buzz among the team, each supporting one another with training and equipment queries.

"The challenge itself was amazing, despite the poor weather, but this all added to camaraderie. When people were struggling, the team came together and although some may have been strangers at the beginning, friendships were built.

"Most of the team live and work in the Medway area so doing this event for our local hospital was a no brainer and we feel proud to have supported the work of these everyday heroes."

Donna Law, Charity and Fundraising Manager, said: "I'd like to thank my family, colleagues and their friends and families, plus the team at Grain LNG, for taking part in Snowdon at Night.

"A great fundraising experience really does depend on the people who take part and you were amazing challenge buddies.

"Thank you all for being superstars and for raising so much money for our hospital charity."

AMAZING SISTERS SET UP GROUP TO SUPPORT WARDS

We'd like to say a massive thank you to sisters Yve, Jen and Jane and to the supporters of their Friends of Harvey and Emerald Ward Facebook group for providing those little extras to our orthopaedic patients.

Following the death of their mum last year, the three sisters wanted to give something back and chose to support Harvey Ward as Jane's daughter-in-law, Clare, is a Clinical Support Worker there.

They extended their generous donations to include Emerald Ward, where their late mother was looked after.

Jane said: "Sometimes patients don't have family to bring in the basic essentials or, in an emergency admission will not always



Yve Pratt, Jen Cox (pictured) and their sister Jane Foster set up a Facebook group to support our wards.

have what they need; this is why the ward needed our help."

Through fundraising and donations, the group has been providing the wards with playing cards, puzzles, dementia clocks and reading glasses to hairbrushes, razors, shower gel and deodorant and they have also been extending their acts of kindness to our staff with donations of tea, coffee and sugar, magazines and colouring/activity books.

If you would like to support, please go to the Friends of Harvey and Emerald Ward Medway Hospital Facebook page.

EMMA AND REBEKAH RAISE MONEY IN MEMORY OF CHARLIE

It's incredibly heartening to hear families talk about the wonderful care their loved one received at Medway Maritime Hospital and because of that support, they want to raise money to help the team that helped them.

We'd like to say a massive thank you to Emma and Rebekah Charlesworth for visiting our Intensive Care Unit to present the team with a £1,010 donation.

The money was raised from the sale of 2023 calendars in memory of Stuart "Charlie" Charlesworth, who died of COVID-19 in April 2020, aged just 45.



Emma and her daughter Rebekah came in to present a cheque to the ICU team from the sale of fundraising calendars

The calendars, which featured photos Charlie took at The Big Cat Sanctuary, raised money for the sanctuary itself and The Medway Hospital Charity.

The Charlesworths have previously donated £3,500 following a 'Charliefest' fundraising event to celebrate his life, and we are incredibly grateful for their continued fundraising.

Grateful patient's donation helps fund new *privacy screens*



Breast cancer patient Vicki Holmes was so grateful for the care she received from our cancer unit that she decided to fundraise to support Galton Day Unit.

Thanks to a sponsored head shave, which was match-funded by her employer The Swain Group, a 261-mile sponsored bike ride by colleague Claudiu Andanuta and the sale of knitted hats, the unit received a wonderful donation of £6,620.

Vicki asked for her donation to be put towards equipment to support others and the unit used her gift to contribute to privacy screens.

She said: "I wanted to give something back as you all work so hard. You were amazing and thank you for all that you did for me while I was battling my cancer. I'd like to thank volunteer Gill too for her support during this time."

Matron for Cancer, Vicky Kidner, said: "We would like to thank Vicki for her incredible donation to Galton Day Unit. The screens have been very well received. They allow privacy in open spaces within the unit, as we are able to pull them around the patient receiving treatment, and by using the screen in our PICC placing room, the nurse is able to open the treatment room creating airflow and a more comfortable patient experience."

Thank you!



The Medway Hospital Charity
Email: medwayft.charity@nhs.net
Telephone: 01634 825398
Web: www.medwayhospitalcharity.org.uk



Meet our fabulous fundraisers

Skydive for NHS 75

Congratulations to Vicky Salter Chiuchiolo, Nyomi Franklin, Taz Barnes, Robin Andrews and Simon Bailey for successfully completing tandem skydives at Headcorn Aerodrome this summer.

The fantastic five took part in our Skydive for NHS 75, to mark the 75th anniversary of the NHS and raised an incredible £3,240 between them. Thank you so much for your incredible support!



Paediatric team conquer Snowdonia Triple Challenge

Massive congratulations to our paediatric team of Suzy, Teresa, Donna and Ashleigh who completed the Snowdonia Triple Challenge this August.

Much like our Snowdon at Night supporters, they faced cold, wet and windy conditions.

However, our fab four didn't just complete a climb to the top of Wales' highest mountain, they also completed a 10.5 mile cycle and 2.5 mile kayak to raise money to fund additional services in their department.

Thank you to everyone who sponsored them. A wonderful £1,674 has been raised to support young patients at Medway Maritime Hospital.



WE APPRECIATE YOUR SUPPORT

Summer Fun Day

Thank you to everyone who came along to the Trust's Summer Fun Day.

The Medway Hospital Charity hosted three stalls: a gift tombola, cake and brick-a-brac, plus our research team held a plant tombola.

Thanks to your support, we raised more than £600.



Rainbow event brightens up day



Youngsters raise more than £1,500 for charity

Thank you to pupils, staff and parents of St Mary's Island Primary School, Lordswood Primary School, Fairview Primary School, Burnt Oak Primary School, Kingfisher Primary School, Hedgehogs Day Nursery, Witty Kiddies, 1st Friends Nursery and Tiny Tugs Nursery for taking part in Rainbow Day 2023 and for raising money to support your local hospital.

£1 can make a smile

www.makeasmilelottery.org.uk



To play the lottery in support of The Medway Hospital Charity, please go to www.medwayhospitalcharity.org.uk/lottery

Fundraising Events



CALLING ALL QUIZZERS TO JOIN US TO RAISE MONEY

CHARITY QUIZ NIGHT

This is **your** chance to show off your knowledge and have fun in a friendly competition, while raising money to support patients and staff at Medway Maritime Hospital.

**FRIDAY 20 OCTOBER
FROM 7PM FOR A 7.30PM START**

- TEAMS OF UP TO 8
- BRING YOUR OWN DRINKS (NON ALCOHOLIC) AND NIBBLES
- £6 PER PERSON

To book, please email: medwayft.charity@nhs.net

Below Deck Dining Room (Level 1, Purple Zone) at Medway Maritime Hospital
Windmill Road, Gillingham, ME7 5NY

NHS Medway
NHS Foundation Trust

Medway League of Friends

The Medway Hospital Charity
Registered Charity Number: 1051748

We're holding a charity quiz night on Friday 20 October at Medway Maritime Hospital to raise money to support our patients, staff and volunteers.

The price is £6 per person and teams of up to eight people can take part.

It's being held in Below Deck Dining. Please bring your own non-alcoholic drinks and nibbles, plus a few extra pounds for our raffle and heads and tails competition.

To book, please email the fundraising team at medwayft.charity@nhs.net or call 01634 825398.



PLEASE SUPPORT OUR CHRISTMAS CELEBRATIONS IN HOSPITAL'S MAIN RECEPTION

The Medway Hospital Charity is raising money to support patients, volunteers and staff by holding a series of Christmas Markets and a Christmas Fair in our hospital's main reception.

These will take place on Tuesdays in November and December between 11am and 3pm and are a perfect opportunity to stock up on Christmas goodies.

Community stall holders will join our hospital charities at these events, so please do pop along to support.

All stalls have been booked, but if you would like to join our waiting list, please contact medwayft.charity@nhs.net with your preferred date.

The cost per stall is £25 per event and you will need to have your own public liability insurance to attend. Thank you. We look forward to seeing you there!

MEDWAY MARITIME HOSPITAL CHRISTMAS MARKETS AND CHRISTMAS FAIR

JOIN THE FESTIVITIES IN OUR MAIN RECEPTION

MARKET DATES
TUESDAY 14 NOVEMBER
TUESDAY 21 NOVEMBER
TUESDAY 28 NOVEMBER
TUESDAY 5 DECEMBER
11AM TO 3PM

FAIR DATE
TUESDAY 12 DECEMBER
11AM TO 3PM

The Medway Hospital Charity
Registered Charity Number: 1051748

For more information about these events, please email medwayft.charity@nhs.net



Registered Charity Number: 1051748

How you can support The Medway Hospital Charity

- **Make a donation to say thank you**
- **Leave a gift in memory of a loved one**
- **Take part in a challenge or fundraising event**
- **Ask your employer to choose us as its Charity of the Year**
- **Remember us in your will.**

Donating online

Please visit www.justgiving.com/mnhafc

If you are able to support us regularly, please consider setting up a direct debit with us as this will help us plan our resources more effectively.

If you would like to make a single bank transfer, our account details are:

Account Number: 03715051

Sort Code: 30-97-12

Payee: Medway NHS Foundation Trust Charitable Fund

Would you like to know how we spend your donations?

We like to stay in touch with you. If you are happy for us to contact you please let us know how by filling in the box below:

Mr/Mrs/Miss/Ms/Dr: InitialsSurname.....

Address:

.....

.....Postcode:

Tel No:

Email:

Post Email Phone

Gift Aid Declaration: Please Gift Aid my donation today and any donation I make in the future or in the past four years to Medway NHS Foundation Trust Charitable Fund. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.



Your address is needed to identify you as a current UK taxpayer. Please include this above and that you ensure that you sign and date below:

Signature Date

The Medway Hospital Charity is the working name of Medway NHS Foundation Trust Charitable Fund.

If you would like us to set up a Direct Debit on on your behalf, please complete the details below: (please tick)

£10 £25 £50 £100 other

Date to commence:

My / our account name:

Account number:

Bank:

Bank address:

Sort code:

Signature: Date:

Donating by post

You can simply send a cheque or CAF voucher made payable to **'Medway NHS Foundation Trust Charitable Fund'** and post it to the address at the bottom of this page. Please remember to provide your name and address, so we can send you an acknowledgement.

I wish to make a single gift of:

I enclose: Cheque CAF

Please make cheques payable to **'Medway NHS Foundation Trust Charitable Fund'**

Or please charge my: Mastercard / Visa / Amex / Diners Club / CAF / Switch

(Please delete as appropriate)

Card Number:

Expiry date: / Issue No (Switch only):

3 digit security code (last 3 digits on the back of the card):

Signature: Date:

I / we would like to thank

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Please return this form to:

Charity and Fundraising team, Gundulph, Medway Maritime Hospital, Windmill Road, Gillingham, Kent ME7 5NY.