



Charity NEWS

Summer 2023

Join us to celebrate

NHS 75



#NHS75

Our wonderful NHS is turning 75 on 5 July 2023 and during the week of the big birthday, there will be a number of celebrations and fundraising events to mark this special occasion.

Can you host a Big Tea Party on Wednesday 5 July in honour of the NHS' 75th birthday?

Every fundraising cuppa really does make a difference and if Wednesday 5 July doesn't suit, you can host a Big Tea Party any time during the month.

So, grab your teapot, pop the kettle on and brew a big pot of cash for our beloved NHS.

If you will be joining the 'par-tea' please let us know what you're planning by emailing medwayft.charity@nhs.net or by setting up a Big Tea fundraising page via this link: <https://www.nhsbigtea.co.uk/find?charityId=184637>

If you'd like a Big Tea pack, please contact the fundraising team and they will send it to you.



For more NHS75 celebrations, please see pages two and eight.

JOIN US FOR RAINBOW DAY

RAINBOW DAY IS THE MEDWAY HOSPITAL CHARITY'S MOST COLOURFUL FUNDRAISING EVENT AND IS TAKING PLACE ON FRIDAY 7 JULY 2023.

During the past two years, we have had incredible support from nursery and school staff, pupils and their families.

This year is an extra special year with NHS turning 75 and we want it to be the BIGGEST celebration yet!

We are looking to grow this fundraising event and would be extremely grateful if your school or nursery would consider hosting a Rainbow Day,



not only to brighten up the day for your children and staff, but to do the same for everyone who uses their local hospital.

Rainbow Day is a dress down day where children donate £1 for coming to school in rainbow coloured clothing.

If you would like more information (including our fundraising packs), please email medwayft.charity@nhs.net



YOU'RE INVITED TO JOIN US AT PARKRUN FOR NHS75

NHS STAFF AND VOLUNTEERS, AS WELL AS LOCAL COMMUNITIES, ARE INVITED TO 'PARKRUN FOR THE NHS' AT PARKRUN OR JUNIOR PARKRUN EVENTS ON SATURDAY 8 OR SUNDAY 9 JULY.

The NHS 75 parkrun is an opportunity for parkruns and their local communities to acknowledge the huge contribution that the NHS makes to the health of the nation and celebrate all the staff and volunteers, past and present, who have made the NHS what it is.

Our local parkruns take place at The Great Lines in Gillingham and Milton Creek Country Park in Sittingbourne.

If you'd like raise money at the NHS 75 parkrun



for The Medway Hospital Charity, please link your fundraising page to our special event page: <https://www.justgiving.com/campaign/medwayhospit> alcharitynhs75parkrun

As a thank you for taking part, we will send you an 'I'm a Medway Hospital Hero' medal.

Family Fun Day



A Family Fun Day at Gillingham Football Club to raise money to refurbish the Children's Ward playroom at Medway Maritime Hospital raised more than £11,000.

Organised by Ann McKinnon, Play Specialist at Medway NHS Foundation Trust, the event on Saturday 13 May was incredibly popular with hundreds of families attending.

It was supported by guest of honour, Mister Maker, who opened the event and met hundreds of fans, Gillingham Football Club, The Medway Hospital Charity, Hospital Radio Medway, St John Ambulance and more than 40 volunteers.

Ann, said: "Organising an event of this size is a team effort and I could not have done this without an amazing support network.

Special thanks go to Phil Gallagher (Mister Maker) for opening the event and spending the day meeting fans and to Gillingham Football Club for allowing us to use the venue. All their staff were amazing, especially Phil Catterick and Gary Newman."

Donna Law, Charity and Fundraising Manager for The Medway Hospital Charity, said: "I'd like to thank everyone who attended the Family Fun Day to raise money for our children's ward. Ann organised a fantastic event and her dedication to raise money for a new playroom on Dolphin Ward is incredibly inspiring."

Thanks to the community's support more than £7,200 was raised on the day, £3,398 was donated through a Just Giving page and additional money came in after the event.

How to contact The Medway Hospital Charity
Email: medwayft.charity@nhs.net
Telephone: 01634 825398



Meet our fantastic fundraisers

London Landmarks Half Marathon

In April, 11 amazing runners completed the London Landmarks Half Marathon to raise money for The Medway Hospital Charity.

We'd like to say a MASSIVE thank you to Fiona, Titas, Lee and Vicky, Paul, Richard and Dave, Lourenço, Charlene, Melanie and Sarah for collectively helping the fundraising event make a £3,632.53 profit!

Congratulations to everyone for completing the the half marathon. If you are looking for a challenge, please go to www.medwayhospital.charity.org.uk



Kew Gardens 10K

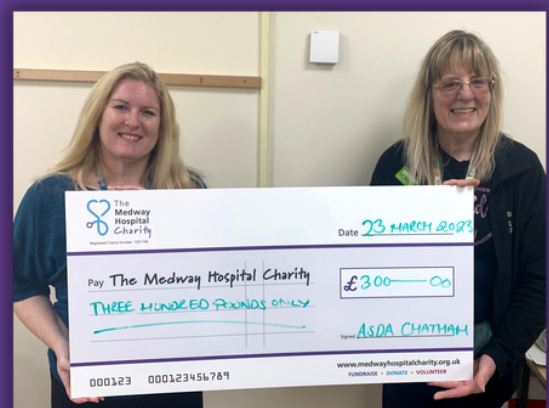
A massive thank you to our paediatric team of Teresa McIntyre, Suzy Dolby and Donna Oldham for running the Kew Gardens 10K in April to raise money for The Medway Hospital Charity and support those 'little extras' for their department.



GREEN TOKEN SCHEME

Thank you to Asda Chatham for supporting our hospital charity via the Green Token Scheme.

In March Donna Law, our Charity and Fundraising Manager, was delighted to receive £300 from Leonie Samways, the store's community development champion.



In memory of Gary



Thank you to the amazing Bush family for their continued support. They have been raising money in memory of Gary Bush since 2019, after he died following a severe asthma attack.

The family visited the hospital in April to donate another £1,500 to support the Intensive Care Unit.

To date, they have raised an incredible £4,500 to show their thanks to the critical care team for the support they gave to both Gary and themselves. The family met staff from the unit, many of whom cared for Gary, and following the cheque presentation, raised a glass in his memory.

Thank you!



YOUR DONATIONS FUND IMPROVEMENTS

TO BENEFIT OUR PATIENTS

We would like to thank you, our incredible supporters, for raising money for The Medway Hospital Charity.

Thanks to your donations, we were able to buy more comfortable furniture for the patient waiting room in our Gynaecology Assessment Unit.



WE APPRECIATE YOUR SUPPORT

We'd like to introduce you to our fabulous fundraiser, Jackie.

Jackie O'Brien has been treated by our cancer teams at Medway Maritime Hospital for the past seven years.

She has been so well looked after by the team on Galton Day Unit that she's is running Race for Life in July in aid of the Cancer Unit.



To sponsor Jackie, please go to: <https://bit.ly/3B7TAH6>

Do you want to enjoy the exhilarating and unforgettable feeling of a skydive, flying through the clouds from over 10,000ft at up to 120mph?



We have five places available in this fantastic event!

You can help support patients and staff by signing up to a fundraising skydive for The Medway Hospital Charity in celebration of the NHS' 75th Birthday.

Date: Sunday 10 September

Location: Headcorn Aerodrome, Shenley Road, Ashford, Kent, TN27 9HX

Deposit: £70 (non-refundable)

Minimum sponsorship: £450

For more details or to book your place please contact the fundraising team at medwayft.charity@nhs.net or on 01634 825398.

A sweet experience



Thank you to Wainscott Primary School pupils Kyla, Autumn, Olivia and Evie for raising money for our children's ward.

The Year 5 pupils made up sweetie bags, sold them to their local community and raised a wonderful £50.

What a great effort, well done girls! You should be very proud of yourselves.

£1 can make a smile

www.makeasmilelottery.org.uk

To play the lottery in support of The Medway Hospital Charity, please go to www.medwayhospitalcharity.org.uk/lottery

Fundraising Events



CHARITY QUIZ NIGHT

THIS IS YOUR CHANCE TO SHOW OFF YOUR KNOWLEDGE AND HAVE FUN IN A FRIENDLY COMPETITION, WHILE RAISING MONEY TO UPDATE THE PLAYROOM IN OUR CHILDREN'S WARD!

**FRIDAY 30 JUNE
FROM 7PM FOR A 7.30PM START**

TEAMS OF UP TO 8 | BRING YOUR OWN DRINKS AND NIBBLES | £6 PER PERSON

To book, please email: medwayft.charity@nhs.net

Below Deck Dining Room (Level 1, Purple Zone) at Medway Maritime Hospital Windmill Road, Gillingham, ME7 5NY

Logos: Medway Maritime Hospital, Medway League of Friends, The Medway Hospital Charity

CALLING ALL QUIZZERS

Hospital Radio Medway, The Medway League of Friends and The Medway Hospital Charity are holding a Charity Quiz Night to raise money to update the Children's Ward playroom.

It's taking place in our restaurant, Below Deck Dining, from 7pm (for a 7.30pm start) on Friday 30 June.

Teams of up to eight can take part and the ticket price is £6 per person.

Bring your own non-alcoholic drinks and nibbles, plus a few extra pounds for heads and tails and the raffle.

To book your table, please email: medwayft.charity@nhs.net



Can you donate items for the **SUMMER FUN DAY?**

Logos: NHS Medway NHS Foundation Trust, The Medway Hospital Charity

Icons: TOYS (teddy bear), GIFTS (gift box), GAMES (chess board), PUZZLES (puzzle pieces), CAKES (cupcake)

Please email: medwayft.charity@nhs.net

DONATIONS NEEDED FOR THE SUMMER FUN DAY!

We are really excited to host our second Summer Fun Day here at Medway Maritime Hospital.

The event takes place from 11am to 2pm on Friday 28 July on the Education Centre green, opposite the Emergency Department.

To help us raise as much money as possible, we are requesting donations of high-quality second hand toys, gifts, puzzles and games and if you could make us cakes to sell at the event, that would be amazing!

If you have any of these items that you no longer need, please contact the fundraising team at medwayft.charity@nhs.net as we'd love to have them.

www.medwayhospitalcharity.org.uk



A trip down

memory lane

You're invited to take a look at some of the pictures that sit among our library collection that show how Medway Maritime Hospital has changed over the years on Wednesday 5 July in Medway Maritime Hospital's Atrium.

Did you know that....

- The main corridor of the original hospital was almost 1,000 feet long.
- Hospital staff used to travel from one end of the corridor to the other on bicycles, in response to emergency cases.
- There was a small burial ground in the corner of the hospital, between York Road and Windmill Road. This was where those who died in the isolation hospital were laid to rest.
- At different times over the years there have been tennis courts, a cricket pitch and a swimming pool in the hospital grounds.
- The laundry water tower is a Grade II listed building.
- At the Naval Hospital, patients who were able to get out of bed were given long handled mops and were expected to clean the wards. Even the bed-ridden had to lay to attention during ward rounds.
- In 1914 the hospital and grounds were lit by more than 3,200 "incandescent lamps".
- In the mid-60s some of the old wards were used as classrooms by pupils from Fairview School.
- The one thing that has stood the test of time though is our iconic clock tower which we often light up in different colours to mark awareness days! It cost £100 to build and was paid for by leftover money from the plastering budget.
- On the inside of the clock tower there are plaques in memory of those who died at the hospital.

WE HOPE YOU CAN MAKE IT!

The NHS is turning 75

Any support you are able to give would be amazing.

Please click below our fundraising packs for our:

[NHS75 CHALLENGE](#)

[NHS75 GENERAL](#)

[NH75 SCHOOL](#)

Feel free to use your own ideas for the NHS' 75th birthday and tell us about it – it's always great to hear new ideas!

[**medwayft.charity@nhs.net**](mailto:medwayft.charity@nhs.net)





Registered Charity Number: 1051748

How you can support The Medway Hospital Charity

- **Make a donation to say thank you**
- **Leave a gift in memory of a loved one**
- **Take part in a challenge or fundraising event**
- **Ask your employer to choose us as its Charity of the Year**
- **Remember us in your will.**

Donating online

Please visit www.justgiving.com/mnhsfc

If you are able to support us regularly, please consider setting up a direct debit with us as this will help us plan our resources more effectively.

If you would like to make a single bank transfer, our account details are:

Account Number: 03715051

Sort Code: 30-97-12

Payee: Medway NHS Foundation Trust Charitable Fund

Would you like to know how we spend your donations?

We like to stay in touch with you. If you are happy for us to contact you please let us know how by filling in the box below:

Mr/Mrs/Miss/Ms/Dr: InitialsSurname.....

Address:

.....

.....Postcode:

Tel No:

Email:

Post Email Phone

Gift Aid Declaration: Please Gift Aid my donation today and any donation I make in the future or in the past four years to Medway NHS Foundation Trust Charitable Fund. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.



Your address is needed to identify you as a current UK taxpayer. Please include this above and that you ensure that you sign and date below:

Signature Date

The Medway Hospital Charity is the working name of Medway NHS Foundation Trust Charitable Fund.

If you would like us to set up a Direct Debit on on your behalf, please complete the details below: (please tick)

£10 £25 £50 £100 other

Date to commence:

My / our account name:

Account number:

Bank:

Bank address:

Sort code:

Signature: Date:

Donating by post

You can simply send a cheque or CAF voucher made payable to **'Medway NHS Foundation Trust Charitable Fund'** and post it to the address at the bottom of this page. Please remember to provide your name and address, so we can send you an acknowledgement.

I wish to make a single gift of:

I enclose: Cheque CAF

Please make cheques payable to **'Medway NHS Foundation Trust Charitable Fund'**

Or please charge my: Mastercard / Visa / Amex / Diners Club / CAF / Switch

(Please delete as appropriate)

Card Number:

Expiry date: / Issue No (Switch only):

3 digit security code (last 3 digits on the back of the card):

Signature: Date:

I / we would like to thank

.....
.....
.....

Please return this form to:

Charity and Fundraising team, Gundulph, Medway Maritime Hospital, Windmill Road, Gillingham, Kent ME7 5NY.