

MENTAL HEALTH & CULTURAL COMPETENCE TRAINING

Engaging. Insightful. Practical. Approachable.

CHOOSE YOUR SESSION



9 SEPTEMBER 2026

9:30am – 12:30pm | 1:00pm – 4:00pm



22 OCTOBER 2026

9:30am – 12:30pm | 1:00pm – 4:00pm



17 NOVEMBER 2026

9:30am – 12:30pm | 1:00pm – 4:00pm



3 DECEMBER 2026

9:30am – 12:30pm | 1:00pm – 4:00pm



14 JANUARY 2027

9:30am – 12:30pm | 1:00pm – 4:00pm

MEET YOUR TRAINER

**DEBBIE
DIXON**

*Engaging.
Insightful.
Practical.
Approachable.*

Working with
Empower Consultants
for 5 years.



WHY TAKE PART?



BUILD UNDERSTANDING
of culture, identity and
mental health.



BUILD CONFIDENCE
in conversations and
professional practice.



**EXPLORE REAL
SITUATIONS**
through practical
case studies.



**CREATE MORE INCLUSIVE
PRACTICE**
for the people and
communities you work with.

BOOK YOUR

FREE PLACE



SCAN THE QR CODE OR

BOOK HERE



ONLINE



**CPD
ACCREDITED**



FREE



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