

SPORT & LEISURE SUPPORTED INTERNSHIP



Are you or is anyone you know,
Not in Education, Employment or
Training (NEET)?

If the answer is yes, we are recruiting for 20 places on a 6-8 month internship where you will gain hands on experience of work placements, workshops to develop your skills & qualifications and the opportunity to be offered paid work at the end of the programme.

- ✓ Must be aged 16-24 years old
- ✓ Live in Manchester
- ✓ Available 16-20 hours per week, starting 20th July 2026
- ✓ May have received additional SEND support in school
- ✓ At risk of becoming or Not in Education, Employment or Training
- ✓ Start Dates: Cohort 1: 20th July 2026 or Cohort 2: 30th November 2026



WHAT TO EXPECT

- 6- 8 month programme (Flexible to individual need)
- 4 hours per week education (Employability/ life skills & qualifications (including Maths and English)
- 16 hours per week on work placements which could include sports coaching, leisure centre assistants, lifeguarding, events, catering, holiday camps and working with children
- Support from a career's advisor, employment coach and mentor to help you throughout the programme
- Real job opportunities

For more information email: info@strideuk.org

APPLY NOW



 MCRactive



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Empowering young people



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APPLICATIONS CLOSE WEDS 8th JULY (Cohort 1) & WEDS 11th NOV (cohort 2)

SPORT & LEISURE SUPPORTED INTERNSHIP GUIDANCE

Manchester is a world renowned sporting city with sport in our blood. As well as being home to two of the world's leading football clubs, we also have the National Centres for Cycling, Squash, Basketball, Taekwondo, Speedway and Water Polo along with a rich tapestry of National Governing Bodies, clubs, coaches, volunteers and organisations that contribute to our aim of increasing sport and physical activity across the city.

The **Sport and Leisure Supported Internship** is a pathway into this world, providing a wide range of opportunities with employers in this sector. Roles could include leisure assistants, sports coaching, lifeguarding, catering, events, youth and play work, holiday camps, admin and more.

Interns should be prepared for the world of Sport & Leisure spanning **week days, evenings and weekends**. Some roles may be based in one place and others could move around several locations with daily travel between venues.



KEY INFO

- 20 places available from July 2026 to August 2027
- Start dates Monday 20th July or 30th November 2026
- Do not hold an EHCP but received additional support/SEND in school
- Will receive £50 bursary per week for travel and food expenses (not means tested)
- Target of 80% to gain employment

EXPECTATIONS

- 6- 8 month commitment
- Available 16-20 hours per week
- Engage in education sessions as a requirement of the course
- Interest or openness to try the Sport & Leisure sector
- Desire to gain employment
- Bursary received based on attendance
- Complete an Enhanced DBS