

Courses take place in Brunswick,
M13, or on Zoom.

Contact to sign up or refer

LAB

LEARN | ACHIEVE | BELIEVE

DO YOU WANT TO DEVELOP YOUR
CONFIDENCE IN A CREATIVE &
SUPPORTIVE ENVIRONMENT?
IF YOU ARE 19+, THIS COULD
BE THE COURSE FOR YOU!
UP TO £50 LEARNING
ALLOWANCE AVAILABLE

“The LAB has given me
confidence, self-belief, and a
lot of hope for my future.**”**

LAB Courses - September/October

LAB Life Standalone/Taster



Taster: Tuesday 23rd September, 10am - 1pm

Plus: £5 voucher, £5 travel expenses, lunch included. Brunswick M13



LAB Project - Confidence, Communication & Employability Skills

Induction: Friday 26th September, 12-2pm

Course: Monday 29th Sept - Friday 10th October, 10am - 3/3.30pm

Plus: £50 voucher, £5 daily travel. **Venue:** Brunswick, M13



LAB Volunteering - Skills for Volunteering/Work; Volunteer Sign-up

Induction: Friday 17th October, 12-2pm

Course: Monday 20th - Friday 24th October, 10am - 3/3.30pm

Plus: £25 voucher, £5 daily travel. **Venue:** Brunswick, M13



Contact Engagement Team for more details, refer or sign up:

07754 854 528 or manchesterLAB@properjob.org.uk