



## LONDON

**WHEN:**

Wednesday 12 March - 4:00-7:30pm

**WHERE:**

National Children's Bureau, 23 Mentmore Terrace,  
E8 3PN

## MANCHESTER

**WHEN:**

Monday 17 March - 4:00-7:30pm

**WHERE:**

Central Manchester - TBC

## SHEFFIELD

**WHEN:**

Wednesday 19 February - Time: 1:00-4:30pm

**WHERE:**

Central Sheffield - TBC

**Travel costs will be reimbursed.**

**TO SIGN UP:**

Follow the link below:

<https://shorturl.at/cZax1>

Or

Scan the QR code:



### FOR MORE INFORMATION

If you want more information or help with signing up, you can call or email Amris on:

**07412 236758**

or

**amris.sahota@real.org.uk**

We only have a few spaces, so sign up as soon as possible.

We will try to make all the sessions inclusive and accessible.

# FREE EMPLOYMENT SKILLS WORKSHOPS

## FOR NEURODIVERGENT, DEAF AND DISABLED PEOPLE AGED 25 AND UNDER

### WHO IS THIS FOR?

Real is a Disabled people's organisation. We are doing workshops for D/deaf, Disabled and neurodivergent people who are 16 to 25 years old. It's good for people who have left school and want to find a job.

### WHAT WILL I BE DOING?

The session will include:

- Group activities that will help you find and develop useful skills.
- CV and interview session including advice on reasonable adjustments and how to ask for them.
- What to expect in the world of work and how to be ready for it.
- Food and a chance to talk to other people.

### WHAT ARE THE AIMS?

The workshop will:

- Help you improve the skills you already have, and gain new skills.
- Give you the confidence to apply for jobs and do well in interviews.
- Give you the chance to meet new people.