



LONDON

WHEN:

Wednesday 12 March - 4:00-7:30pm

WHERE:

National Children's Bureau, 23 Mentmore Terrace,
E8 3PN

MANCHESTER

WHEN:

Monday 17 March - 4:00-7:30pm

WHERE:

Central Manchester - TBC

SHEFFIELD

WHEN:

Wednesday 19 February - Time: 1:00-4:30pm

WHERE:

Central Sheffield - TBC

Travel costs will be reimbursed.

TO SIGN UP:

Follow the link below:

<https://shorturl.at/cZax1>

Or

Scan the QR code:

**FOR MORE INFORMATION**

If you want more information or help with signing up, you can call or email Amris on:

07412 236758

or

amris.sahota@real.org.uk

We only have a few spaces, so sign up as soon as possible.

We will try to make all the sessions inclusive and accessible.

FREE EMPLOYMENT SKILLS WORKSHOPS

FOR NEURODIVERGENT, DEAF AND DISABLED PEOPLE AGED 25 AND UNDER

WHO IS THIS FOR?

Real is a Disabled people's organisation. We are doing workshops for D/deaf, Disabled and neurodiverse people who are 16 to 25 years old. It's good for people who have left school and want to find a job.

WHAT WILL I BE DOING?

The session will include:

- Group activities that will help you find and develop useful skills.
- CV and interview session including advice on reasonable adjustments and how to ask for them.
- What to expect in the world of work and how to be ready for it.
- Food and a chance to talk to other people.

WHAT ARE THE AIMS?

The workshop will:

- Help you improve the skills you already have, and gain new skills.
- Give you the confidence to apply for jobs and do well in interviews.
- Give you the chance to meet new people.