



# Community Knowledge & Discovery

Join this free, 4-day course and you will...

- Understand how to work effectively in a group towards a shared goal
  - Improve confidence and self esteem
  - Develop problem solving skills
  - Develop study and organisational skills
  - Develop confident written and oral communication skills
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- Taught by a highly experienced Community Engagement worker in a relaxed way
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- £5 provided for lunch, per session
  - £5 provided for travel costs, per session



**16/01/25, 23/01/25, 30/01/25 and 06/02/25**  
**10am-2pm || Gorton Central, Highmead Street, M18 8PE**

**Open to adults aged 19+ living in Greater Manchester with right to live in the UK. Spaces are limited, call Gorton Central reception on 0161 222 3633 to book your place!**

@HMHCmcr

