



**Manchester Local
Care Organisation**

Leading local care, improving
lives in Manchester, with you

Preparing for Adulthood

Preparation for Adulthood Team and
Adult Social Care

Powered by:



Preparing for adulthood is...

The process of equipping young people with the necessary **skills, knowledge**, and **support** to transition from adolescence to adulthood successfully, especially when they have additional needs or disabilities.

This preparation involves helping them develop **life skills**, access appropriate **services**, make informed **choices** about their **future**, and gain **independence**.

The goal is to **empower** individuals to lead **fulfilling** and **self-sufficient** lives as adults within their communities.

Preparing for adulthood is...

Preparing for adulthood is an **exciting** time in your life, but it can also be **challenging** and there is lots to think about.

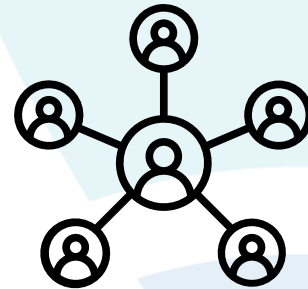
Preparing for adulthood is about **planning** for your **future** and ensuring you live the life you want to live whilst being **happy** and **healthy**.

During your **teenage years**, people may start talking to you about what you want to do when you **leave school** and become an **adult**. These conversations will start when you are 14 and will be a part of your yearly school **Education and Health Care Plan (EHCP)** reviews.

Preparing for adulthood is...

Everyone's Responsibility!

Preparing young people for adulthood is a **collective effort** involving **individuals, families, educational institutions, social services, healthcare providers, employers, government agencies, and community organizations**. Effective collaboration among these groups is essential to ensure that young people have the knowledge, skills, and support they need to successfully transition into adulthood.



Preparation for Adulthood & Transition Team

What do we do?

Our team is a group of professionals who work together to help young people with varying needs and/or disabilities smoothly transition from Children's Social Care to Adult's Social Care. The team typically includes social workers, assessors, and person-centred coordinators.

We collaborate with young people and their network to create a personalised plan that addresses the individual's specific needs, goals, and aspirations as they move into adulthood. The aim is to ensure a seamless transition, providing necessary support and services during this important life stage.

Manchester's Local Offer

The Manchester Local Offer brings together information in one place. It helps children and young people with SEND up to the age of 25 and their parents understand what services and support they can expect locally. This includes their statutory entitlements which are required by law.

Local Offer SEND Information Hub

Our [Local Offer SEND Information Hub](#) is a specialist resource with a menu in a range of categories, including Education, Short Breaks and Stuff To Do.

Manchester Local Offer - localoffer@manchester.gov.uk / 0161 234 1946

Twitter: Manchester Local Offer [@MCRLocalOffer](#)

Website: www.manchester.gov.uk/sendlocaloffer



Case study / Examples

Supported Internships DISC

Education Transition Guide

Skills for Life

Preparing for Adulthood networks

Transition in Health – Jennie Corkwood

What to consider...

Education

Employment

Home / Daily Living

Hobbies and Interests

Healthy Living / Health and Wellbeing

Relationships



Questions?