

I'M READY...

Are you ready to make a change in your life,
to overcome barriers and achieve goals?

Join the Freedom Project – a voluntary life-skills and
employability training placement at Mustard Tree

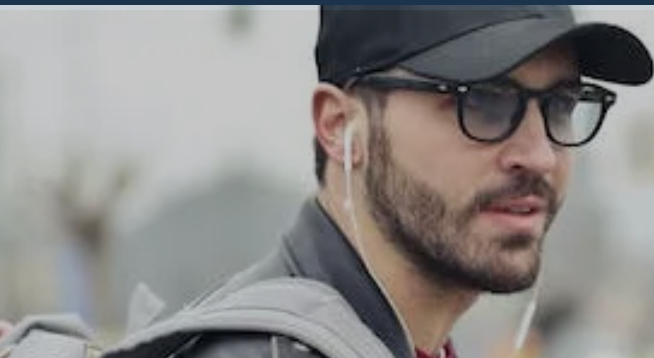
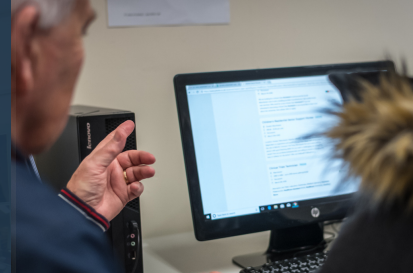
ABOUT THE FREEDOM PROJECT

Five different work streams with hands on practical training:
coffee shop, trainee chef, food preparation/hospitality,
reception, retail/customer service and
warehouse/deliveries/logistics.

Gain vocational and functional qualifications.

Next step into employment through our Job Clubs, training
and work placements.

One-to-one support overcoming barriers, improving
economic and emotional well-being, and a stepping-stone
towards achieving your goals.



*"I felt like I'd run out of options and was stuck
in the same old routine – day in day out.
Mustard Tree changed that for me...*

- I now feel I have a purpose".

- Ben* (Freedom Project Trainee)

*Actor's photo used to protect identity

REQUIREMENTS

Over 18 years old // 2 days a week commitment // 6-month placement (can end any time
and will not affect benefits) // Basic level of English (Entry Level 2 or above).

CONTACT US

Ask a member of our team for a Referral
Form, email referrals@mustardtree.org.uk or
phone **0161 228 7331** for more information

Mustard Tree

Charity Number: 1135192 mustardtree.org.uk