

Employcare

Are you an unpaid carer (current or former)
thinking about getting back into work or training?

Sign up to receive...

- one-to-one coaching in person, online, or over the phone
- assistance with CVs and cover letters
- tailored support to help you get a step closer to training or employment
- advice on achieving your unique goals
- a £40 voucher upon completion of coaching

Get a
£40
voucher!

To learn more and apply, please contact:

admin@carersmanchester.org.uk

0161 834 6069 [ext. 1133]

For general carer support, call The Contact Point:

0161 543 8000 (Mon-Fri, 10am-4pm)



Who is eligible for this coaching?

Unpaid carers (current or former) who are unemployed and eligible to work in the UK.

What do you mean by unpaid carer?

Someone who supports a relative, partner or friend, and does not get paid for it, but might get benefits. A carer doesn't always live with the person they care for, or care for them full time. If you feel you are a carer you can take part.

Do I have to start a job by the end?

No. The coaching can help you to get closer to training or employment.

Could getting a job impact my benefits?

It might. We can provide benefits advice as part of the coaching.

What support is available?

It depends on your needs! It could be help with CV and cover letters, job searching, benefits, confidence, interviews, or tech.

What if I need support in an alternative language or have accessibility needs?

Let us know your support needs, and we will aim to provide this.

How does the coaching work?

You and your coach will develop a learning plan, with your goals and a plan for support.

Where does the coaching take place?

We're flexible: it could be in-person in a place that suits you, by phone or video, or a mix!

When will the coaching sessions be?

A time that suits you. And we know things change – you can re-arrange sessions if you need to.

How long will the coaching last?

You and your coach will plan this together. Usually it will be over 4 months.

Who is running the service?

Gaddum is a charity that has supported unpaid carers for years and understands the challenges carers can face, and what support, benefits and advice can help.

What do I need to do to get the £40 voucher?

Complete the learning plan you and your employment coach have agreed.

When do I need to sign up?

As soon as possible, latest in October 2024.