Our Future

If you have a learning disability and/or autism, we can help you develop the following skills.





Manchester Local Care Organisation

Leading local care, improving lives in Manchester, with you

If so, the **Our Future** programme could be able to help.



To help you develop important life skills, we offer Group and 1:1 sessions on the following topics:-

- Employability Skills
- Self-Development
- Health and Wellbeing
- Accessing your community and belonging
- Relationships/Social Development

- Digital skills and E-safety
- How to travel safely
- Budgeting Skills

You may be eligible if you:

- Have a Learning Disability and / or Autism
- Live in the Manchester City Council area
- Age 17 years and 6 months +



To find out more or apply please contact: Your Social Worker, the Manchester City Council Contact Centre or Pure Innovations Tel: 0161 804 4400 (and ask for **Our Future** team) or email OurFuture@pureinnovations.co.uk