

You're in control. Get help from a dedicated mentor to discover your potential, boost your personal skills and improve your confidence.

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ON THIS COURSE YOU'LL:

- Take part in activities including outdoor learning, sports, arts and more.
- · Develop key skills like teamwork, confidence and communication.
- · Learn in a fun and engaging environment with support from experienced mentors.

DATES FOR YOUR DIARY:

Course dates: 23rd January - 21st February Location: Prince's Trust, Manchester, M46JG

Eligibility criteria: Aged 16-25



