

# Catch22 employability programmes:

## Your snapshot guide



## OVERVIEW

Digital Edge is a four-week pre-apprenticeship and employment training programme to support people from underserved communities to access a tech-enabled job or digital apprenticeship.

## WHO'S IT FOR?

**Age:** 18-45

**Location:** London, Birmingham, Liverpool, Manchester

**Programme length:** 4 weeks plus 6 months in-work support

**Employment status:** Participants must not currently be in work or education and be facing at least one barrier to work. They should have a desire to work within the digital and technology industries.

## WHAT DO PARTICIPANTS GET?

- An understanding of digital apprenticeships and entry-level IT jobs
- An insight into the digital and technology sector
- Awareness of key employability skills
- Learned how to complete a tailored CV, cover letter, and applications for the technology sector
- Developed their interview skills and techniques
- The ability to set future career goals

## HOW DO I REFER?

**Visit:** [Catch22 Digital: Contact Form - Catch22](#) (catch-22.org.uk) and complete the short referral form

# DIGITAL LEAP



## OVERVIEW

Digital Leap is a pre-employability training programme that gives individuals facing barriers to work – whether due to gender, health status, or the fact that they're care leavers or single parents – a chance to gain valuable experience in digital careers

## WHO'S IT FOR?

**Age:** 18-45

**Location:** London

**Programme length:** 4 weeks plus 6 months in-work support

**Employment status:** Participants must not currently be in work or education and be facing at least one barrier to work. They should have a desire to work within the digital and technology industries.

## WHAT DO PARTICIPANTS GET?

- Support in creating a career plan with one-to-one support and online technical training
- Help to secure digital training and career opportunities
- Increased confidence and social capital through networking and events
- An awareness of the opportunities available through digital careers
- The programme also provides in-work support for both employers and employees

## HOW DO I REFER?

**Visit:** [Catch22 Digital: Contact Form - Catch22](#) (catch-22.org.uk) and complete the short referral form

# INSPIRING CONNECTIONS

## OVERVIEW

Inspiring Connections is a personal development and network building programme for people to gain the opportunities, support, and momentum they need to take the next steps towards their career goals.

It works by bringing people with barriers to work, Inspiring Connections Candidates, together with Advocates; a range of professionals and business owners motivated to support others to find fulfilling work.

## WHO'S IT FOR?

**Age:** No age limit

**Location:** Nationwide

**Programme length:** 6 two-hour sessions, held fortnightly

**Employment status:** You can join the programme as a Candidate if you are out of work, in work and looking to take steps towards a more fulfilling and sustainable career, or need support for a business concept that you aren't sure how to get started

## WHAT DO PARTICIPANTS GET?

- Work with and learn from professionals and business owners who have achieved a high level of success in their fields.
- Participate in a range of sessions designed to identify your strengths, boost your confidence and help you choose a meaningful direction in your career.
- Develop a plan for your next steps and receive support from Advocates in achieving your career goals.

## HOW DO I REFER?

**Visit:** [Inspiring Connections - Catch22](https://catch-22.org.uk) (catch-22.org.uk) and complete the short referral form

# SOCIAL SWITCH



## OVERVIEW

The Social Switch Project is a full-time training and work experience programme for young people. Training creative and motivated young people to manage social media and develop sustainable digital careers, this three-week programme includes mentoring and a unique placement for each trainee after their course.

With the support of national and international organisations each trainee will be supported to get sustainable work in the digital world.

## WHO'S IT FOR?

**Age:** 16-25

**Location:** London

**Programme length:** 4 weeks plus 2 months of tailored one to one support

**Employment status:** Participants must not currently be in work or education and be facing at least one barrier to work. They should have a desire to work within the digital and technology industries

## WHAT DO PARTICIPANTS GET?

- Build the confidence, skills, knowledge and experience to progress into a sustainable career in the digital industries.
- 1:1 tailored support to help secure employment

## HOW DO I REFER?

**Visit:** [Apply for Social Switch Social Media Training](#) — The Social Switch Project and complete the short referral form

# FUTURE PATHWAYS



## OVERVIEW

Future Pathways is an employability programme for young Londoners that supports them into sustained work, apprenticeships or education.

## WHO'S IT FOR?

**Age:** 18-24

**Location:** Hillingdon, Harrow, Hammersmith and Fulham, Brent, Ealing, Hounslow and Barnet

**Programme length:** 12 months of support, plus 6 months in-work support

**Employment status:** Participants must be Not in Employment, Education or Training (NEET) and be:  
Looked after or a care leaver

**OR**

Homeless or at risk of being homeless

**OR**

Fall into two or more of the following categories:

Be in debt (£1000+)

Be a young carer

Be involved in crime or substance misuse

Be a lone parent

## WHAT DO PARTICIPANTS GET?

- Dedicated employment advisor for 12 months
- Tailored journey designed to overcome personal barriers
- Confidence and motivation building sessions
- CVs and cover letter preparation
- Job search and application coaching
- Funding to upskill
- Interview prep / mock interviews
- Interview clothing to keep
- Better off calculations
- Hidden job market top tips
- Financial support for first month in work
- WorkStar created and updated to monitor soft skills
- In-work support for the first 6 months

## HOW DO I REFER?

**Email:** [employability@catch-22.org.uk](mailto:employability@catch-22.org.uk) with your details, and one of our Employment Advisors will call you back.

# GRID FOR GOOD

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From National Grid

## OVERVIEW

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Grid for Good supports young people from disadvantaged backgrounds into careers in the energy industry.

## WHO'S IT FOR?

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**Age:** 16-30

**Location:** Nationwide

**Programme length:** 12-week career mentoring programme plus 2 weeks work experience

**Employment status:** Participants should be seeking work

## WHAT DO PARTICIPANTS GET?

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- Engaging insight events to inform young people about National Grid and the wider energy industry
- Peer networking and industry taster sessions as part of team building exercises
- Work readiness training
- Access to job opportunities – including apprenticeships and internships – within the energy industry
- Strong alumni support network for people who have been through the programme.

## HOW DO I REFER?

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**Email:** [employability@catch-22.org.uk](mailto:employability@catch-22.org.uk) with your details, and one of our Employment Advisors will call you back.

# ENERGY TRANSITION OPPORTUNITIES FOR ALL

## OVERVIEW

Connecting people aged 18+ who face barriers to work to entry-level energy transition jobs and apprenticeships. Through the pilot of the Energy Transition Opportunities for All programme, we support people from underserved communities not simply into immediately available roles, but into long-term good work provided by energy transition jobs. We show people the possibilities on offer and guide them along the way.

## WHO'S IT FOR?

**Age:** 18+

**Location:** London, Liverpool, Manchester and Norfolk

**Programme length:** 4-week prog + 6 months in work support

**Employment status:** Participants must be facing at least one barrier to work

## WHAT DO PARTICIPANTS GET?

- One-to-one support from a dedicated career coach,
- access to training funds for specific energy transition roles,
- Access to employers with energy transition job opportunities, and
- In-work support.

## HOW DO I REFER?

**Visit:** [Energy Transition Opportunities For All](#) or contact [EnergyTransition@catch-22.org.uk](mailto:EnergyTransition@catch-22.org.uk)