







## SEND Travel Training Programme

Have you ever wanted to walk or use public transport to get to leisure places but didn't know how to, such as the cinema, youth club or shops?

If you are a young disabled person aged between 14-25 and living anywhere in Manchester, this could be an ideal opportunity for you

GMYN's travel training programme is about young disabled people gaining confidence, independence and enjoying activities

We will provide free training and direct 1-1 support to help you get from A-Z

Travel training has helped me so much to go to new places and discover new things for myself

I am now more confident, it has helped me to get to places on my own

Where do I want to go today?



GMYN's travel training and support programme is designed for young people with SEND. The programme supports young people aged 14-25 to access leisure time activities.

We provide 1-1 and group support focussing on building confidence to travel to new places, and seeing what Manchester has to offer.

Where you want to go is your choice, we will help get you there!









Across six support sessions we will explore:

- 1. Where do you want to go?
- 2. How do you want to get there?
- 3. How can we support you to get there?

Sessions last on average 3 hours depending on where you want to go.

Further information is provided such as accessing travel cards, CEA cards and linking with the Our Pass scheme.

How can I get involved?

Contact us using the details below to find out more and to register on the programme. Our team will then get in touch with you to see how we can support.

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