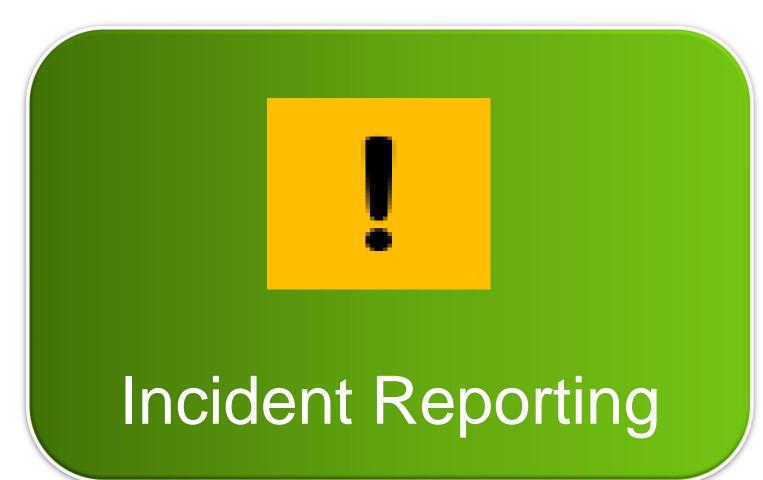
## Speaking Up Routes

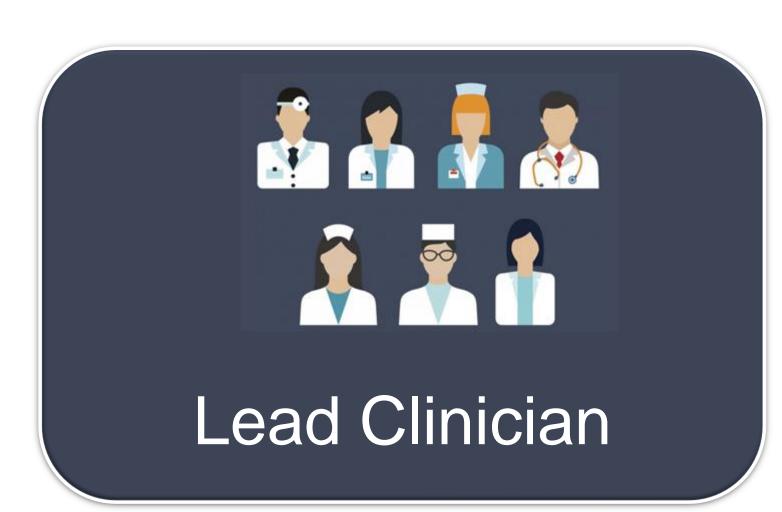
We want everyone who works at MFT, and those that work with us, to feel empowered and safe to speak up at the earliest opportunity. You can speak up about anything which is impacting patient safety or your experiences at work. The boxes below outline all the support routes available to you.



### Freedom to Speak Up Policy - Click Here



















**Mental Health** 

First Aider

Mental Health First

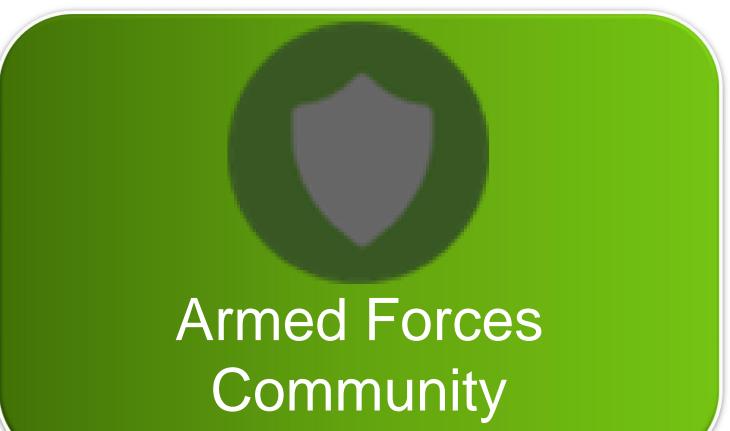






Health and Safety

Team





# Aiders Heal Well

# SPEAKING UP FOR EXCELLENCE /

Remember you can also speak up when things go well using

WHEN WORK WENT WELL

MFT Excellence Reports and MFT Shout Outs



### Freedom to Speak Up Guardian / Champions

T: 0161 276 6400

E: ftsuguardian@mft.nhs.uk

Search: FTSU on the intranet for contact details of our FTSU champions

Guardian of Safe Working

guardian.safeworking@mft.nhs.uk 0161 701 1677

#### **Staff Side Office**

T: 0161 276 6400

Search: Staff Side on the intranet for details of NHS unions recognised by MFT.

EXTERNAL







