

## New: Allyship training



As part of our next chapter in becoming an anti-racist and equity first employer, we're holding allyship training on the below dates for staff to get involved with. Through this training, which is a 2.5-hour session, you'll explore phrases like "allyship" and "bystander effect" and learn how to develop a psychologically safe environment that encourages others to bring their experiences and ideas to the table. It's been carefully crafted to be both thought-provoking and practical. Participants will then leave this training understanding how they can become active allies and how they can help amplify the voices of others.

The training will take place in June, and we've got just **25 spaces** available on each session. Therefore, early booking is advised.

### How to book a place

If you're interested in attending, please choose from the list below your preferred date and use the Eventbrite link to book your place.

#### The dates available are:

- Tuesday 13 June 2023 from 10:00am to 12:30pm - [book via Eventbrite](#)
- Tuesday 20 June 2023 from 1:00pm to 3:30pm - [book via Eventbrite](#)
- Friday 23 June 2023 from 10:00am to 12:30pm - [book via Eventbrite](#)
- Wednesday 5 July 2023 from 9:30am to 12:00pm - [book via Eventbrite](#)
- Monday 10 July 2023 from 1:00pm to 3:30pm - [book via Eventbrite](#)

Once you've completed the training, you can also choose to help us deliver our **Let's Talk About Race programme** and there's more on this in [issue 4 of the Equity First newsletter](#) [PDF, 3.41MB].

Should you have any questions or would like further information, please email India Henry, LCO equality, diversity and inclusion lead, at [india.henry@mft.nhs.uk](mailto:india.henry@mft.nhs.uk).