

## New: Allyship training



As part of our next chapter in becoming an anti-racist and equity first employer, we're holding allyship training on the below dates for staff to get involved with. Through this training, which is a 2.5-hour session, you'll explore phrases like "allyship" and "bystander effect" and learn how to develop a psychologically safe environment that encourages others to bring their experiences and ideas to the table. It's been carefully crafted to be both thought-provoking and practical. Participants will then leave this training understanding how they can become active allies and how they can help amplify the voices of others.

The training will take place in March, and we've got just 20 spaces available on each session. Therefore, early booking is advised. **Please use the below Eventbrite links to book a place if you are interested before Tuesday 28 February 2023.**

Allyship training dates:

- [Tuesday 14 March 2023 from 10:00am to 12:30pm](#)
- [Wednesday 22 March 2023 from 2:30pm to 5:00pm](#)

Once you've completed the training, you can also choose to help us deliver our **Let's Talk About Race programme**. For further information, see page 4 of the [latest issue of Equity First](#) [PDF, 3.41MB].

Should you have any questions, please email India Henry, LCO equality, diversity and inclusion lead, at [india.henry@mft.nhs.uk](mailto:india.henry@mft.nhs.uk).