

Thursday 9 February

Our changing climate: how are we doing our bit!

[Blog post by Kelly Wray on how to create your own bee garden](#)

My name is Kelly Wray and I'm a Health Development Coordinator for Cheetham and Crumpsall for the Manchester Local Care Organisation. I work with the Primary Care Network in this neighbourhood on trying to reduce health inequalities. I work really closely with the community and voluntary sector so that together, we can tackle these health inequalities from a grassroots level, working with the community on what matters to them in terms of their health and wellbeing, in their neighbourhood.

I joined the [Climate Change Group](#) as I'm passionate that small changes can make a big difference! If we all do a little, then the result can be a lot. I live in a small flat and my only outdoor space is a small balcony, but that doesn't mean I can't do my bit, so can be easily done!

So, four years ago, I opened my first BeeBAR (no licensing registration required) and here's how you can do it too.

The steps are:

- Pop some marbles into a dish or small glass until almost full
- Fill with water
- Put in a sprinkle of sugar (brown or white but just a sprinkle)



There you have it! A free resting station (as pictured above) with the added bonus of a free drink for all bees that visit your plants – it's the least we can do considering how hard they work to pollinate the planet for us and the fact that they represent our city in so many wonderful ways!