

**Eligibility: Must be aged 19+ and live in Greater Manchester**

## Qualification:

Remote course

# Understanding Mental Health

## LEVEL 3 CERTIFICATE

## WHAT YOU WILL LEARN

The Level 3 Certificate in Understanding Mental Health is a 12 week remote course that is designed to provide a greater awareness of mental health issues and the importance of mental well-being.

Building a knowledge base that can be used in a variety of roles, you will gain an understanding of different mental health conditions, associated issues and consequences, the skills required to work in mental health services, the importance of addressing mental health problems, and how legislation and publicity are changing attitudes towards those seeking treatment.

- Mental health problems, associated issues and consequences
- Mental health legislation services and public attitudes and how these have evolved
- How to support mental well-being through various stages of life
- Understanding mental ill health, treatment options and the potential consequences of mental ill-health.

Further your personal and professional development and demonstrate your competency to employers.

## START DATES

### Initial Assessment

Wednesday 4th May 2022 10am-4pm

Friday 6th May 2022 10am-4pm

Book now to avoid disappointment!

### Course start date

Wednesday 11th May for 12 weeks

Lessons on Wednesday's and Thursdays 11.30am-1pm and directed learning (home study) 8 hours per week.

**For more information call our referral team on 0161 881 4826.**

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