



# Technology-enabled Care

Devices to help you to live independently and keep you safe in your own home



Find out more:

Call 0161 234 5001 or

email [mcsreply@manchester.gov.uk](mailto:mcsreply@manchester.gov.uk)

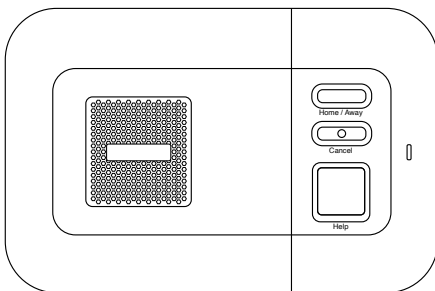
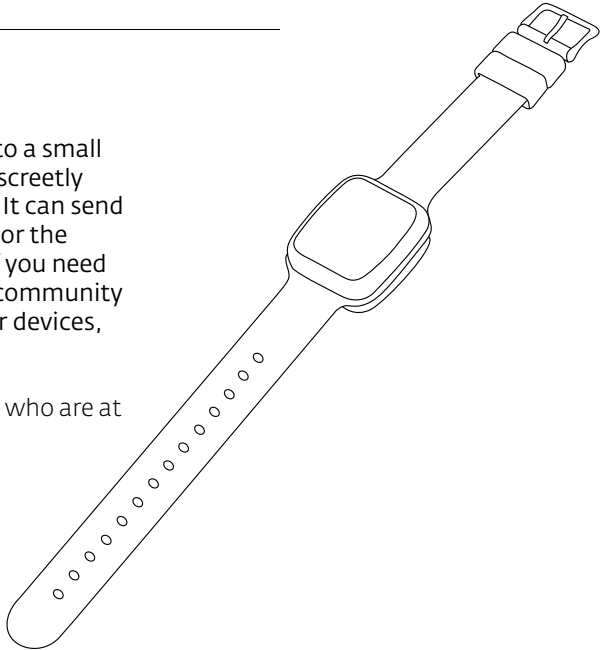
Technology-enabled care devices are simple to use and help you to stay independent in your own home. We provide them for thousands of people across Manchester. Our most popular options are:

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### Community alarm

A base unit that connects to a small device that can be worn discreetly around your wrist or neck. It can send alerts or call carers, family or the community alarms team if you need help in your own home. A community alarm can also link to other devices, such as a smoke alarm.

This is often used by people who are at risk of falls at home.



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### GPS device

A portable device that gives real-time location information. This means that if you get lost, you can be found by carers, family or the community alarms team.

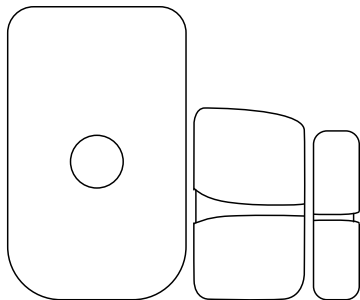
This is often used by people with memory issues who would like to remain independent in their own home without worrying about getting lost.

Most devices are free or have a low weekly cost for monitoring. Devices are easy to use and reassure your loved ones that you're safe.

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## Household sensors

Household sensors can detect a variety of things, including movement, epileptic seizures, incontinence, floods, carbon monoxide and open doors. Sensors can automatically turn on lights to reduce the risk of falls and send alerts if you need support.



Household sensors also include JustChecking – a simple web-based activity monitoring-system, using wireless sensors in the home to generate an activity chart, which can be used to support future decision-making to promote independence.

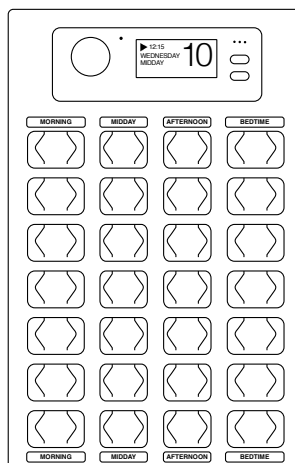
Household sensors are often used by people who would like to remain independent but who need peace of mind for themselves and their loved ones.

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## YOURmeds

A portable medication dispenser that provides you with timed visual and audible reminders to take your medication. If a medication dose is missed, an alert is sent so you can be supported.

This is often used by people who sometimes forget to take their medication at the correct time.



Our simple and easy-to-use devices can be useful for a range of situations. They offer several benefits:

- They allow you to maintain your independence and keep you safe, alerting your carers, family or community alarms team when you need support.
- They give your loved ones peace of mind, as they know you're safe.
- They're inexpensive. Monitoring costs for community alarms start from £2.83 per week.
- They're easy to use and you'll hardly notice they're there.

*"I would just like to say a big thank you for the service I have received since the system was installed for me. It has been my lifeline on several occasions. I would like to pass on my thanks to the staff who have operated the system over the years."*

**Mr P Beswick**