

## THE FUTURES TRAINING GROUP LTD

Are you interested in a Level 2 Fitness Instructor course?



We have FREE courses available for 16-24 year olds who are not currently in college or training!

If you are interested, Contact Hannah at: <a href="mailto:hannah@gliganfitness.co.uk">hannah@gliganfitness.co.uk</a> or call 07577477921