



# TEC Device of the month

# Just Checking

## About Just Checking

**Just Checking assessment tool provides an activity monitoring service that helps professionals get the right support to the right people at the right time.**

This device provides unbiased evidence of an individual's progress. The system creates reports that show the rooms visited, what activities have happened within those rooms, and how long they have taken. Discreet sensors are placed a resident's home, monitoring daily activities. To help assess health and wellbeing.

The benefits of this device are:

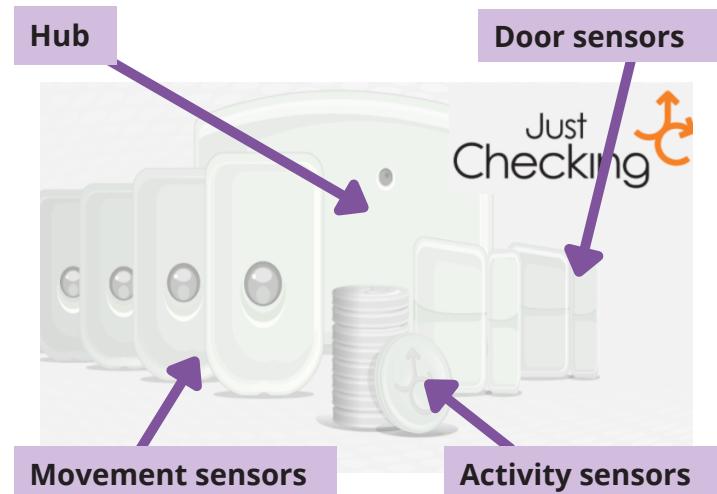
- It's wireless. It uses discreet wireless sensors instead
- There's no cameras
- There's no broadband requirement
- No charges

 **Learn more about the device in this short video.**

## How the device is installed

The Manchester Equipment and Adoptions Partnership (MEAP) install and remove the Just Checking device.

MEAP can be contacted on: 0161 277 1858.



Example of the Just Checking Device

## Installation notes

The standard installation period recommended is two weeks. This can be extended upon request. At the end of the period, you will receive a report.

## Common uses

The below list details common uses for Just Checking:

- Annual reviews
- Auditing
- Avoiding residential care
- Duty of care referrals
- Effective care planning
- Hospital discharge
- Panel applications
- Optimising care
- Managing challenging behaviour
- Reassurance
- Reablement
- Support person centred care planning
- Managing risk and safeguarding



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## Help us to help you

### What we need to know for a good referral

- What outcomes do you want to achieve from Just Checking? What are the concerns? Is it about the person's movement, safety, sleep or eating patterns etc.? Give as much detail as you can.
- Does anyone else live at the property?
- Are there any pets at the property?
- The standard installation of Just Checking is 14 days. If you think you will need longer, let us know in your referral.
- Put your email address on the referral so the report can come directly through to you.

## Just Checking report support

The **Enhanced Service** is available to all staff.

Activity chart and summary report specialists are on hand to discuss any behavioural patterns and anomalies over the phone. They will ensure you're getting the most from the systems and help you determine the appropriate next steps, to better meet the needs of the individual.



**Remember to provide your email address when making the initial referral.**

## Other support available

If you have any questions when completing a Liquid Logic form or just want to know more about TEC, then you can call the **Community Alarm and Technology Enabled Care Team**.

**Contact number:** 0161 277 1858  
**Email:** [community.alarm@manchester.gov.uk](mailto:community.alarm@manchester.gov.uk)  
**Opening times:** Monday to Friday from 8:00am to 3:00pm

## Useful contact details

**Just Checking Customer support**

**Just Checking Account manager**

**Contact number:** 01564 785100  
**Email:** [support@justchecking.co.uk](mailto:support@justchecking.co.uk)  
**Opening times:** Monday to Friday from 8:00am to 5:30pm

**Name:** Sarah Stacey  
**Email:** [sarah.stacey@justchecking.co.uk](mailto:sarah.stacey@justchecking.co.uk)  
**Contact number:** 07477 812 532



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