

**Eligibility: Must be aged 19+ and live in Greater Manchester**

## Qualification:

# Understanding Mental Health

### LEVEL 3 CERTIFICATE

The Level 3 Certificate in Understanding Mental Health is a 12 week online course that is designed to provide a greater awareness of mental health issues and the importance of mental well-being.

Building a knowledge base that can be used in a variety of roles, you will gain an understanding of different mental health conditions, associated issues and consequences, the skills required to work in mental health services, the importance of addressing mental health problems, and how legislation and publicity are changing attitudes towards those seeking treatment.

Learn with expert tuition and support. Further your personal and professional development and demonstrate your competency to employers.

### WHAT YOU WILL LEARN

- Mental health problems, associated issues and consequences
- Mental health legislation services and public attitudes and how these have evolved
- How to support mental well-being through various stages of life
- Understanding mental ill health, treatment options and the potential consequences of mental ill-health
- The skills required to work in mental health.

### START DATES

#### Initial Assessment

Tuesday 11th January 2022

Tuesday 18th January 2022

#### Course start date

Wednesday 19th January 2022

**For more information call our referral team on 0161 881 4826.**

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