



Health Connecting

We support disabled people in Manchester to reconnect with their communities and access health services in their local community following Covid-19.

We can support you if you live in Manchester, are over 18 and consider yourself to be a disabled person.



@BUKCommunity



BreakthroughUKLtd



@ukbreakthrough



0161 234 3950



0793 994 3383



breakthrough-uk.co.uk



How can we support you?

- ✓ Travel training
- ✓ Help support you to become more confident using technology
- ✓ Help you to understand both Covid and general public health messaging
- ✓ Find the activities that you would like to do
- ✓ Invite you to online group meetings with other Breakthrough clients
- ✓ Contact activities and agencies on your behalf
- ✓ Help connect you to organisations that can support you with everyday things that may be stopping you from attending activities
- ✓ Support you to understand and access health and wellbeing opportunities (such as Doctors and Dentists)

Sound like something you would be interested in?

Refer Someone

If you are referring someone else, please complete the referral form.

[Referral](#)

Refer Yourself

If you are referring yourself, please complete the self-referral form.

[Self-referral](#)