



SPECIAL OFFER

Pay in advance and £12.50 gets you 6 visits – that is 1 visit free!



Benefits

- Free membership
- Reduced price food
- Toiletries and household essentials
- Cookery courses
- Volunteering
- Training

Contact Us

To book an appointment or for more information email info@hmhc.co.uk or call **07910 879985**

The Community Grocer is co-produced by Healthy Me Healthy Communities with local people and partners, with FareShare



Manchester
Health & Care
Commissioning



one manchester



FareShare
Greater Manchester



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neighbourly

Gorton



Gorton Community Centre, 543
Abbey Hey Lane, Gorton M18 8PF

Opening times:
Fridays 9.30am – 4.00pm



FareShare
Greater Manchester



one manchester

Welcome to the Gorton Community Grocer Project

It is a community food-sharing membership project whereby for **£2.50** you can buy around **£12.00** worth of food.

Household items and toiletries can also be purchased.

Benefits

- £2.50 gets you around £12 worth of items.
- End of line toiletries and household essentials.
- A friendly face and a brew!

And throughout the year:

- Cookery courses and food bags.
- Information stalls and partner services.
- Training and volunteering opportunities.

So how does it work?

Membership is available to people living within walking distance (15 minutes) of the scheme.

Simply join for free at the scheme and usually you can start shopping when you register. If the scheme is full you will be placed on a waiting list so please give us a call to check.

Then pay your £2.50 and choose your items.

Remember, we are open on Fridays between 9.30am and 4.00pm

We have some rules too

- Maximum one visit per day
- You can stop your membership at any time

How do we do it?

One of our main suppliers is the national charity **FareShare**. They collect surplus stock from supermarkets and manufacturers and redistribute it to community projects like us.

We will never stock food that is past its 'sell by date'. We will from time to time stock items that are past 'best before' date and the date will be clearly labelled for you.

Also we stock a range of staples and household essentials both as part of your membership fee and at an extra small charge.

Get involved

The Community Grocer Project is staffed solely by volunteers and we are always looking for new members to join the team. There are lots of roles including retail, cooking, marketing and finance. All volunteer roles come with training, mentoring and support.

Ask today!