

Jobnet - the *online* programme for unemployed professionals

Introduction:

Jobnet is a 7-week programme to help support unemployed professionals on their journey back into a meaningful career.

It is run as a collaboration between **Let's Go Forward** and **Jobcare**.

Let's Go Forward:

Founder Diana Bowden created the Let's Go Forward initiative in 2019. Inspired by her partner's redundancy after the collapse of Thomas Cook, she arranged a Manchester-area community event to help and support people affected by redundancy.

During 2020, the Let's Go Forward initiative developed into a full online support programme, including collaborating with Dublin-based charity Jobcare.

The connection with Jobcare:

For over 20 years Jobcare has equipped unemployed professionals in Ireland with skills, knowledge and confidence to overcome barriers and secure appropriate work.

The charity runs an 7-week support programme called Jobnet.

Let's Go Forward has linked up with Jobcare and now has an agreement to deliver Jobnet in the UK – predominantly, but not exclusively, in the North West.

The Jobnet programme – what to expect:

The 7-week programme comprises topical weekly seminars from keynote speakers combined with mindset training in twice-weekly group sessions. The group sessions build a supportive community of people all experiencing similar challenges.

Jobnet also includes the following on a one to one basis:

- LinkedIn profile coaching
- Career coaching
- CV training
- Networking sessions
- Mock interviews

How will you benefit?

The programme participants have been bowled over by the opportunity to build confidence, gain a new sense of purpose and explore new avenues.

Previous Jobnet attendees have summed up their experience in these single words:

**★ Inspiration ★ Community ★ Confidence ★ Empowerment ★ Support ★ Insight ★
Motivational ★ Transformative★**

What IT equipment do you need?

You just need audio and video on a smartphone, laptop or desktop computer for accessing for sessions on Zoom and on YouTube.

All at no cost to you:

You can attend the amazing Jobnet programme completely free of charge. The programme facilitators, speakers and coaches all offer their services on a voluntary basis. And no, there is no catch – they simply want to help.

You always have the option to pay it forward, should you wish. You could make a voluntary donation and/or volunteer to help out Let's Go Forward in some way.

What are the programme dates?

The programme will run throughout 2021 on the following dates:

- 18 May to 08 July 2021
- 17 August to 07 October 2021
- 19 October to 09 December 2021

What happens when you register?

On registration, you will receive an introductory letter from Let's Go Forward, outlining the programme commitment.

You will also start to receive regular email information from the Jobnet Admin team from Jobcare in Dublin, who organise the programme.

Jobnet runs for 7 weeks, and you are asked to commit to attending the programme sessions wherever possible to keep up continuity.

The group sessions are via Zoom on Tuesday and Thursday mornings, in addition to one weekly seminar viewed on YouTube.

One to one sessions, such as coaching, are arranged as extra on an individual basis.

One week before the start date you will be invited to an informal introductory Zoom session to get you into the swing of things.

How to register:

To register your interest, send an email to: [**hello@letsgoforward.org.uk**](mailto:hello@letsgoforward.org.uk)