

DISCOVER THE PRINCE'S TRUST ACHIEVE PROGRAMME

A free and flexible programme for your pupils



We understand that young people have experienced an unprecedented interruption to their education due to the Covid-19 pandemic. Our Achieve programme can help support pupils aged 11-19 to re-engage with education following their return to classroom-based learning.

➤ BENEFITS FOR YOUNG PEOPLE

Our free and flexible Achieve programme is designed to improve:

- **Attainment:** reaching educational goals and working towards The Prince's Trust Personal Development and Employability Skills (PDE) qualification
- **Attendance:** becoming motivated again and attending regularly
- **Personal and social development:** building confidence, teamwork skills and developing character
- **Engagement:** developing an improved attitude to learning and raising aspirations

➤ BENEFITS FOR EDUCATION PROVIDERS

- Option to complete our personal development and employability qualifications
- Your staff will receive full training and development to be able to deliver the sessions with your young people
- Access to our free and flexible sessions and resources
- As part of the programme, you'll receive support from a Prince's Trust Executive Link and our partners

Achieve is a flexible programme that can be delivered in schools or FE colleges, or outside mainstream settings such as PRUs, YOIs or youth services.



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► RESOURCES TO SUPPORT YOUR PUPILS THROUGH THIS TRANSITION

Achieve offers a range of units that will help your pupils to develop essential skills. The following modules are ideal to support young people at this challenging time.



Making Successful Transitions

With young people returning to school, this unit could be a great starting point for their reintroduction as it will help young people discuss and think about fears and anxiety they might have about transitions. They will develop strategies, as well as specific actions, for making transitions easier.



Stress Management

Stress in young people has significantly risen as a result of the constant disruption to their educational journey. This session really looks to support young people to understand how to spot signs of stress in themselves and others, while identifying different strategies for managing stressful situations.



Managing and Using Time Well

In this session, young people will explore the importance of managing and using their time in a positive, constructive way. They'll consider the value of free time in terms of their wellbeing, but also the different, practical ways of putting it towards activities and interests which can help them gain valuable skills and experiences.

OUR NEW ACHIEVE HUB

It's now even easier to deliver an Achieve programme to your pupils, with the launch of our new Achieve Hub.

Our Achieve Hub brings together all of our Achieve resources, allowing you to browse and download units that will benefit your pupils. We've recently added new content and refreshed some of our resources, with more to come, so you'll be using the latest versions of our programme content.

► FIND OUT MORE

If you're interested in delivering Achieve in your organisation, visit our Achieve Hub to find out more and sign-up. If you have any questions, email GMAchieveEnquiry@princes-trust.org.uk

[Visit the Achieve Hub](#)



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