



Merton's Start for Life Offer

Do you want to know what help, support and advice is available in Merton for you and your young child? Scan the QR codes below to find out more.

Having a Baby?

Pregnant or have a baby? Use the QR code to find help and useful information.



Feeding my baby

Breastfeeding and formula feeding support.



My Baby and Me

Health Visitors can support families with many things including child development, weaning and advice. Merton's Health Visiting Team 03300 539 264.



Special Educational Needs and Disabilities support

If you need support in understanding your child's development needs and accessing suitable services.



Mental health support

Support for your mental health, before and after birth. 10-20% of women develop a mental illness when having a baby. Remember you are not alone, help is available.



Keeping safe

Keeping babies safe, so they can live free from harm, abuse and neglect. If you are in any doubt, don't delay – call 020 8545 4226. In an emergency dial 999.



Other services in Merton for Parents/Carers with 0-2 year olds

Services in Merton that can support you and your family, from dentistry to cost of living advice and much more.

