



# Camden Baby Feeding Team

Baby feeding support during pregnancy and after your baby is born.





## Help with baby feeding

We're here to help you feel confident and equipped to feed your baby. Whether it's your first child, or if you already have children, our baby feeding practitioners provide any type of support your family may need.

We can support you with breastfeeding, bottle feeding, mixed feeding, and expressing.



At home



Online



Over the phone



At our Children's Centres & Family Hubs

## Contact us

 07808 891 260

 [camden.babyfeedingteam@nhs.net](mailto:camden.babyfeedingteam@nhs.net)

 [cnwl.nhs.uk/services/community-services/camden-baby-feeding-team](http://cnwl.nhs.uk/services/community-services/camden-baby-feeding-team)

## Meet other mums, dads, and carers at our friendly baby feeding drop-ins

Come along to your local Children's Centre & Family Hub to share your experience and get any help you need.

Registration is not required for our drop-in sessions, you only need to register for the online group. Sessions run all year round, except for bank holidays.

**Monday** | 10am – 12pm  
**Harmood Children's Centre & Family Hub**  
1 Forge Place, Ferdinand Street, NW1 8DQ  
*Partners are welcome and encouraged to join this session.*

**Tuesday** | 10am – 12pm  
**Kilburn Grange Children's Centre & Family Hub**  
1 Palmerston Road, NW6 2JL

**Wednesday** | 10am – 11am  
**Online session**  
Scan QR code below or visit the CNWL Baby Feeding website to register

**Thursday** | 1pm – 3pm  
**Regent's Park Children's Centre & Family Hub**  
Augustus Street, NW1 3TJ

**Friday** | 10am – 12pm  
**Agar Children's Centre & Family Hub**  
Wrotham Road, NW1 9SU  
*Partners are welcome and encouraged to join this session.*

## Other support

National Breastfeeding Helpline  
**0300 100 0212**  
Support is also available in Welsh and Polish. Open every day of the year from 9.30am–9.30pm. Call **0300 456 2421** for support in Bengali and Sylheti.

[breastfeedingnetwork.org.uk](http://breastfeedingnetwork.org.uk)

[unicef.org.uk](http://unicef.org.uk)

[nhs.uk/start4life](http://nhs.uk/start4life)

[firststepsnutrition.org](http://firststepsnutrition.org)





## Where to find us

**1a Children's Centre,  
Family Hub & Nursery**  
1a Rosebery Avenue,  
EC1R 4SR

**Agar Children's Centre,  
Family Hub & Nursery**  
Wrotham Road, NW1 9SU

**Harmood Children's Centre,  
Family Hub & Nursery**  
1 Forge Place, Ferdinand  
Street, NW1 8DQ


**Kilburn Grange Children's  
Centre & Family Hub**  
1 Palmerston Road, NW6 2JL

**Regent's Park Children's  
Centre, Family Hub  
& Nursery**  
Augustus Street,  
NW1 3TJ

 Camden Baby Feeding Team

 camden\_baby\_feeding\_team

 @camdenbabies

 0800 389 5789

 [families.camden.gov.uk](https://families.camden.gov.uk)