

Social Prescribing in Lambeth



powered by...



Aims of the session:

- Understand what social prescribing is and how it can support your service users
- Able to identifying when social prescribing is needed
- Awareness of tools available in Lambeth
- How to make referrals for more in-depth social prescribing support
- Understand the purpose of the Housing and Health Forum

One in five GP appointments **focus on wider social needs** rather than acute medical issues. In areas of high deprivation, many GPs report that they spend significant amounts of time **dealing with the consequences of poor housing, debt, stress and loneliness**. Social prescribing and community-based support is **part of the NHS Long Term Plan's** commitment to make personalised care business as usual across the health and care system and to **bring additional capacity** into the multi-disciplinary team. This approach aims to **reduce pressure on clinicians, improve people's lives and strengthen community resilience**.

London Borough of Lambeth Ward Map, 2002-present

Lambeth North

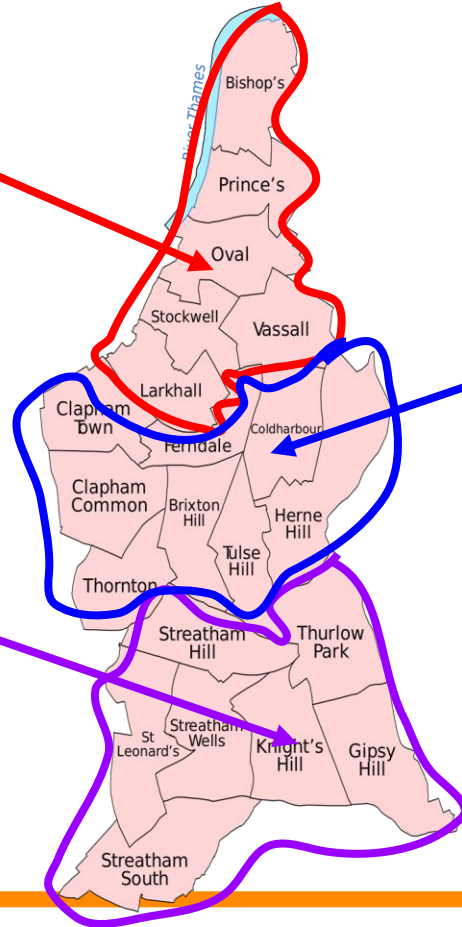
- North Lambeth
- Fiveways
- StockWellbeing

Lambeth South

- AT Medics
- Streatham
- Streatham
- Croxted PCN

Lambeth Central

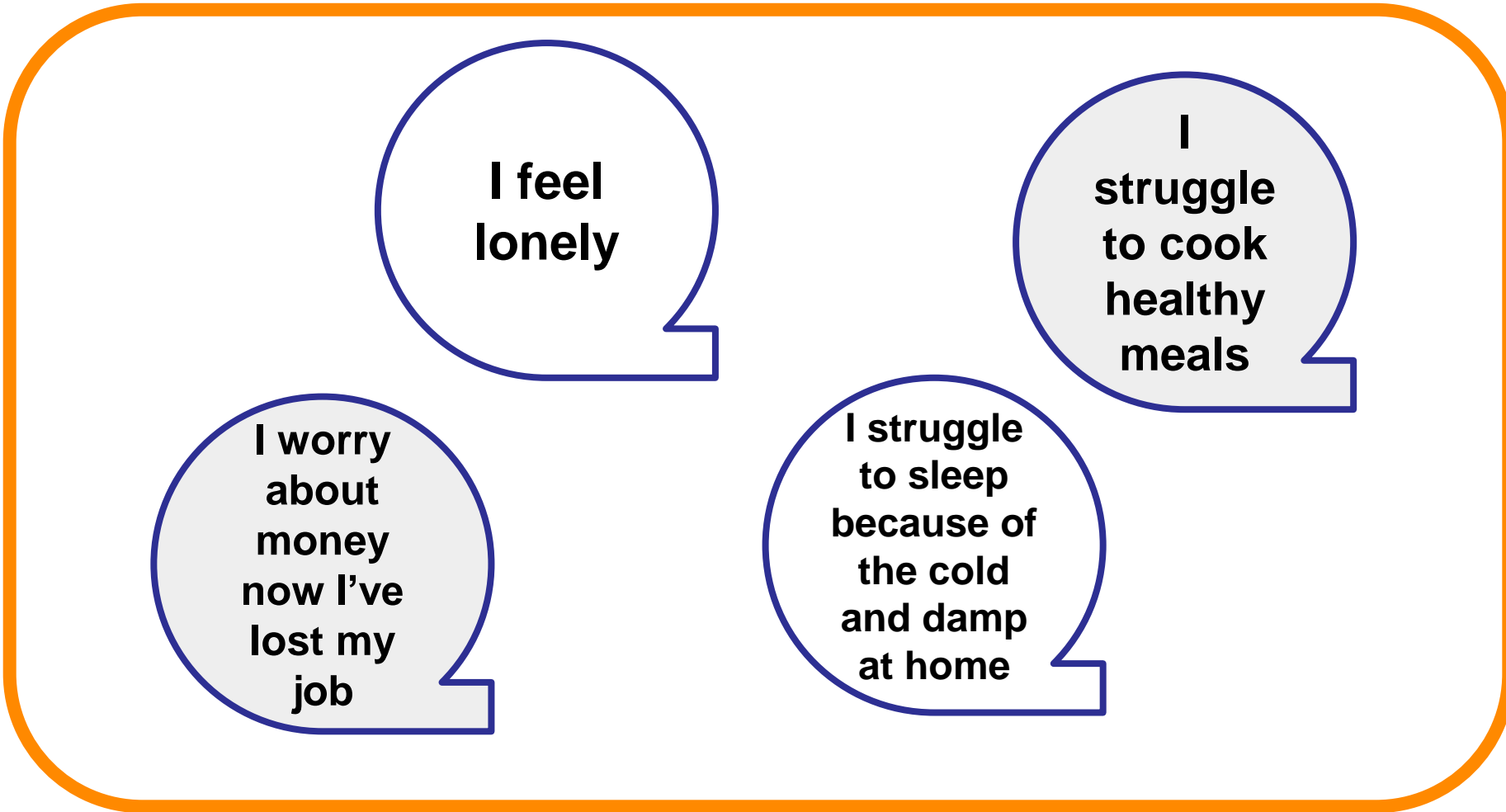
- Clapham
- Brixton & Clapham Park
- HBD Group



What does social
prescribing mean to you?



https://www.youtube.com/watch?v=O9azfXNcqD8&feature=emb_logo



**I feel
lonely**

**I
struggle
to cook
healthy
meals**

**I worry
about
money
now I've
lost my
job**

**I struggle
to sleep
because of
the cold
and damp
at home**



- Reports feeling overwhelmed and needing support,
- Feeling lonely and isolated,
- Relies on oxygen so doesn't feel comfortable using public transport anymore,
- Due to health struggling to care for himself and access the first floor of his property,
- Worried about falling in the home.



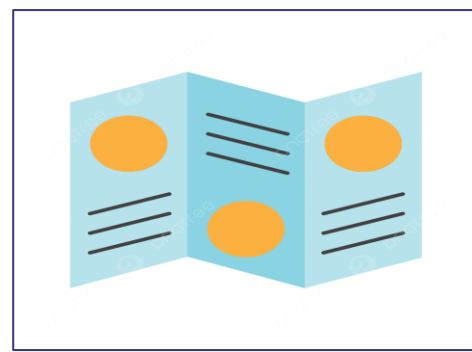
**Neighbourhood and Wellbeing
Workers**



Link Workers



Directory



Leaflets/ booklets

Other cases/ examples

‘An opportunity for cross sector engagement and collaboration to maximise the support offer to local people’

- To improve understanding of the remit, limitations and challenges of each other's roles/sectors
- To build better relationships
- To improve information sharing and create pathways to escalate cases when necessary
- To identify opportunities for reciprocal training

So far:

- Monthly meetings have been running since January 2023
- Attendees so far include PCN Link Workers, VCSE organisation social prescribing team leads & managers, local authority housing department managers, local councillors, Lambeth Personalised Care lead & GP representative & local advice centre advisors
- An example of the work achieved with Lambeth council's **Homelessness Prevention team**:
 - Identified key contacts and shared up to date information about the support offered
 - Run reciprocal sessions
 - Co-produced a FAQ document on the remit of the council's homelessness prevention offer

We are now working with the Housing Management team (North) and plan to engage the South Area team and the medical assessment team to undertake similar activities

We are keen to:

- Extend our engagement to include registered housing providers

Any questions?

Jairo Guarin

AUKL Social Prescribing Lead

jairo@ageuklambeth.org

Alex Norman

MYcommunity Services Manager

alexandra@ageuklambeth.org