

LAUNCHPAD
from possibility to reality

SV
SUMMERVERSITY

SUMMER HOLIDAY ACTIVITIES

For young people 13+

2022

FREE



ISLINGTON
For a more equal future



Kayaking at Islington Boat Club

Note: At time of publication Islington Boat Club is closed for maintenance. We hope it will reopen by the school holidays and the courses will run as advertised. See website for latest information.



Summerversity is back and larger than ever with over 100 free courses to help you enjoy your summer, learn new skills and make new friends. From sports to arts, cooking, music, tech and media there is something for everyone.

The Launchpad programme helps young people 16+ prepare for work, careers and further education. Many courses offer accreditations leading to a nationally recognised qualification – great for CVs.

Most courses are suitable for complete beginners. All venues are accessible.

A free lunch will be available with many of the courses.

Activities are free for young people aged 13 – 24 who live or study in Islington.

In this guide you will find the programme listing. Full details and how to book are on the website. If you need help booking drop into a youth hub.

www.summerversity.co.uk

EVERY WEEK SESSIONS

WELLBEING AND SPORTS

Copenhagen Youth Project

Mondays and Tuesdays 25 July - 23 August | 2 - 4pm

Rounders, cycling, crafts and badminton leading to sports day

ARCHERY

Lift Youth Hub

Mondays or Wednesdays 25 July - 24 August | 5 - 6pm or 6 - 7pm

Fun and safe intro to basic skills/techniques with Access to Sports

GYM SESSIONS

Sobell Leisure Centre

Mondays 25 July - 22 August | 6.30 - 8pm

Lose weight, tone up and improve your flexibility and strength

FOOTBALL CAMP

Elthorne Park

Tuesdays and Thursdays 26 July - 11 August | 12 - 1.30pm

Work on ball skills, footwork, fitness and goal scoring

DANCE FUSION

Lift Youth Hub

Wednesdays 27 July - 24 August | 4.30 - 6pm

Different dance styles every week, with Project Pac



Archery at Lift



Cooking at Lift Outdoor Kitchen

HEALTH AND WELLBEING

The Zone

Wednesdays 27 July - 24 August | 4.30 - 8pm

Tools to handle stress through yoga, essential oils and massage

FRIDAY FEAST

Lift Youth Hub

Fridays 29 July - 26 August | 3 - 6pm

Cooking for large groups at Lift Outdoor Kitchen

GYM SESSIONS FOR GIRLS

Sobell Leisure Centre

Fridays 29 July - 26 August | 6.30 - 8pm

Lose weight, tone up and improve your flexibility and strength

FRIDAY SOCIAL

Lift Youth Hub

Fridays 29 July - 26 August | 6 - 8pm

Come along to eat at the Friday Feast and meet new people

SHORT COURSES - WEEK ONE

Monday 25 - Friday 29 July

POOL LIFEGUARDING AWARD NPLQ accreditation can get you a job at a swimming pool	16-24yrs	Cally Pool	8am - 5pm	Monday - Saturday
OUTDOOR CATERING COURSE Planning, food preparation, cooking and customer service	13-19yrs	Lift Youth Hub	9.30am - 2pm	Monday - Friday
GET BEHIND THE CAMERA WORKSHOPS with LSA Camera, sound, script, costume, music video and visual effects	13-16yrs	London Screen Academy	10am - 3pm	Monday - Friday
BASKETBALL ACTIVATORS Skills, drills and knowledge to deliver fun sessions	13-16yrs	London Metropolitan University	10am - 3pm	Thursday
SUMMER SCHOOL with Cubitt Artists (week 1 of 2) Bronze Arts Award through storytelling, sounds and radio	13-19yrs	Lift Youth Hub	10.30am - 4pm	Tuesday - Friday
EMERGENCY FIRST AID AT WORK How to save a life and gain a qualification to boost your CV	16-24yrs	Mary's Youth Club	11am - 6pm	Wednesday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	13-16yrs	Cally Pool	11.30am - 12.15pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	16-21yrs	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday
FOOTBALL SPORTS CAMP Work on ball skills, footwork, fitness and goal scoring	13-16yrs	Finsbury Leisure Centre	1 - 3pm	Monday - Thursday

SHORT COURSES - WEEK ONE continued

Monday 25 - Friday 29 July

ROLLER SKATING Get some skates on and enjoy the fun	13-19yrs	Finsbury Park	1 - 3pm	Monday - Thursday
MUSIC PRODUCTION BOOTCAMP Create, produce and mix music and meet industry insiders	13-24yrs	SoapBox Islington	1 - 4pm	Tuesday - Friday
GAMING TOURNAMENTS with Gain Ctrl Win prizes playing video games on a cinema-sized screen	13-21yrs	Platform Youth Hub	1 - 5pm	Tuesday - Friday
MULTI-SPORTS Football, basketball, cricket, netball, archery and more	13-21yrs	Finsbury Park	1.30 - 3.30pm	Monday - Thursday
MULTI-ACTIVITIES FOR YOUNG PEOPLE with SEND Arts, crafts, gym, sports, games and team-building	13-21yrs	Lift Youth Hub	1.30 - 5.30pm	Monday - Thursday



Tennis with Access to Sports



Be a Mover and Shaker at Platform

SHORT COURSES - WEEK ONE continued

Monday 25 - Friday 29 July

BASKETBALL FOR GIRLS with Access to Sports Ball handling, footwork, fitness, teamplay and more	13-19yrs	London Metropolitan University	2 - 4pm	Monday - Thursday
BASKETBALL with Access to Sports Ball handling, footwork, fitness, teamplay and more	13-19yrs	London Metropolitan University	4 - 6pm	Monday - Thursday
MIX AND BLEND with DJ Joss Simmons Learn how to use decks and keep an audience entertained	13-19yrs	Rose Bowl Youth Centre	4 - 6pm	Tuesday - Friday
GRAFFITI ARTS with Highbury Roundhouse Express yourself with spray paint	14-18yrs	Aubert Court Community Centre	4.30 - 7.30pm	Monday - Thursday



Arts Award with Cubitt Artists



Basketball courses

SHORT COURSES - WEEK TWO

Monday 1 - Friday 5 August

OUTDOOR CATERING COURSE Planning, food preparation, cooking and customer service	13-21yrs	Lift Youth Hub	9.30am - 2pm	Monday - Friday
BECOME A CONFIDENT CYCLIST On-road cycle skills sessions plus a tour of London sights	13-19yrs	Finsbury Park	10am - 12noon or 1 - 3pm	Monday - Friday
MUSIC MAKERS LAB Sing, play an instrument and be in a band preparing to perform	13-18yrs	Platform Youth Hub	10am - 3pm	Monday - Friday
SPORTS LEADERSHIP LEVEL 1 Nationally recognised qualification in sports leadership	13-16yrs	Finsbury Park	10am - 4pm	Monday - Friday
BACKSTAGE THEATRE Theatre lighting, sound, stage management and design	15-24yrs	National Youth Theatre	10am - 5pm	Monday - Friday
BE A MOVER AND SHAKER with All Change Inclusive dance project for young women	16-24yrs	Platform Youth Hub	10.30am-4pm	Monday - Friday
SUMMER SCHOOL with Cubitt Artists (week 2 of 2) Bronze Arts Award through storytelling, sounds and radio	13-19yrs	Lift Youth Hub	10.30am - 4pm	Tuesday - Friday
TRAINER DESIGN with King of Trainers Concepts, branding, design tools and sales	13-24yrs	Lift Youth Hub	11am - 4pm	Monday - Thursday
MAKE A THEATRE PERFORMANCE Create and act in a show with Angel Shed	13-19yrs	Angel Shed Theatre	11am - 4pm	Tuesday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	16-21yrs	Cally Pool	11.30am - 12.15pm	Monday - Friday

SHORT COURSES - WEEK TWO continued

Monday 1 - Friday 5 August

SWIMMING LESSONS Gain water confidence and learn basic swimming skills	13-16yrs	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday
ROLLER SKATING Get some skates on and enjoy the fun	13-19yrs	Finsbury Park	1 - 3pm	Monday - Thursday
GAMES DESIGN AND GAMING Industry standard design skills using Maya and Unity	13-19yrs	SoapBox Islington	1 - 3pm	Tuesday - Friday
DISCOVER TECH with SoapBox Explore new tech like 3D Printing, VR, game design and music	13-19yrs	Mary's Youth Club	1 - 3pm	Monday
TAG ARCHERY with Access to Sports Action-packed game with bows and foam-tipped arrows	13-16yrs	Finsbury Park	1.30 - 3.30pm	Monday - Thursday
MULTI-ACTIVITIES FOR YOUNG PEOPLE with SEND Arts, crafts, gym, sports, games and team-building	13-21yrs	Lift Youth Hub	1.30 - 5.30pm	Monday - Thursday
BASKETBALL FOR GIRLS with Access to Sports Ball handling, footwork, fitness, teamplay and more	13-19yrs	London Metropolitan University	2 - 4pm	Monday - Thursday
GET YOUR MOPED CBT LICENCE Get qualified to make money as a delivery rider	16-24yrs	Rose Bowl Youth Centre	4 - 6pm	Monday - Saturday
BASKETBALL with Access to Sports Ball handling, footwork, fitness, teamplay and more	13-19yrs	London Metropolitan University	4 - 6pm	Monday - Thursday
DIY - UPCYCLE FURNITURE with Highbury Roundhouse Give small items a new life with carpentry, paint and more	14-18yrs	Aubert Court Community Centre	4.30 - 7.30pm	Monday - Thursday

SHORT COURSES - WEEK THREE

Monday 8 - Friday 12 August

FOOTBALL REFEREE COURSE Useful FA qualification that can lead to part-time work	14-24yrs	Market Road Pitches	9am - 5pm	Wednesday - Friday
OUTDOOR CATERING COURSE Planning, food preparation, cooking and customer service	13-21yrs	Lift Youth Hub	9.30am - 2pm	Monday - Friday
FANTASY AND SPECIAL EFFECTS MAKEUP Transform using prosthetics, cosmetics and everyday items	13-18yrs	Prospex	10am - 5pm	Monday - Friday
STA SWIMMING TEACHERS COURSE Become a qualified level 2 swimming teacher with this award	16-24yrs	Cally Pool	10am - 6pm	Monday - Thursday and Saturday
BECOME A CONFIDENT CYCLIST On-road cycle skills sessions plus a tour of London sights	13-19yrs	Finsbury Park	10am - 12noon or 1 - 3pm	Monday - Friday
BIKE MAINTENANCE with YES Outdoors Learn how to fix and maintain a bike - and get to keep it!	13-19yrs	Platform Youth Hub	11am - 1pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	13-16yrs	Cally Pool	11.30am - 12.15pm	Monday - Friday
MULTI-ARTS PROGRAMME with Indigo Prxject (wk 1 of 2) Dance, body art, drumming, costume and prop making	14-24yrs	Platform Youth Hub	12 - 7pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	16-21yrs	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday
PRESS PLAY GAME SHOW Fun competitive team games that will get you on your feet	13-21yrs	Lift Youth Hub	12.30 - 4pm	Tuesday - Thursday
DISCOVER TECH with SoapBox Explore new tech like 3D Printing, VR, game design and music	13-19yrs	The Zone	1 - 3pm	Monday

SHORT COURSES - WEEK THREE continued

Monday 8 - Friday 12 August

FILM MAKING Screen writing, filming, directing and editing bootcamp	13-19yrs	SoapBox Islington	1 - 3pm	Tuesday - Friday
STREET SMART SAFETY with JIGSAW Ways to stay safe from crime, gangs, negative social media and more	14-24yrs	Lift Youth Hub	12.30 - 3pm	Monday - Friday
ATHLETICS Coached track and field activities with Access to Sports	13-16yrs	Finsbury Park	1.30 - 3.30pm	Monday - Thursday
BIKE MAINTENANCE with YES Outdoors Learn how to fix and maintain a bike - and get to keep it!	13-19yrs	Rose Bowl Youth Centre	3 - 5pm	Monday - Friday
VEGETARIAN AND VEGAN COOKING Learn the basics of curries, wraps, bakes and more	13-21yrs	Lift Youth Hub	3 - 6pm	Tuesday - Thursday
BASKETBALL with Access to Sports Ball handling, footwork, fitness, teamplay and more	13-19yrs	London Metropolitan University	4 - 6pm	Monday - Thursday

Music production with SoapBox



Make a theatre performance with Angel Shed

SHORT COURSES - WEEK FOUR

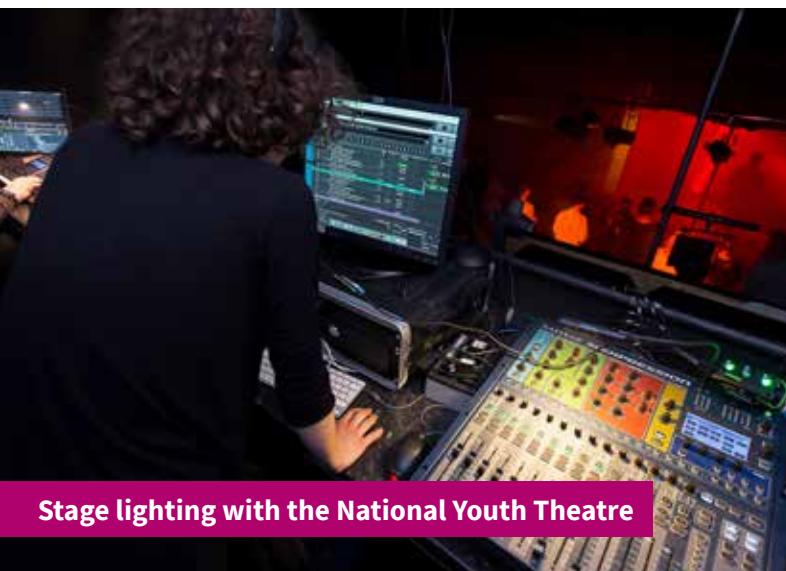
Monday 15 - Friday 19 August

SIA SECURITY GUARD LICENCE (WK 1 OF 2) Get qualified for a job in the security industry	18-24yrs	Lift Youth Hub	9am - 5.30pm	Thursday - Friday
BECOME A CONFIDENT CYCLIST On-road cycle skills sessions plus a tour of London sights	13-19yrs	Finsbury Park	10am - 12noon or 1 - 3pm	Monday - Friday
OUTDOOR CATERING COURSE Planning, food preparation, cooking and customer service	13-21yrs	Lift Youth Hub	9.30am - 2pm	Monday - Friday
ANIMAL CARE Fun farm activities, working with animals	13-15yrs	Freightliners City Farm	10am - 1.30pm	Monday - Friday
WEBSITE IN A WEEK with Enterprise Starter Build an Ignition Engine website for your brand or business	16-24yrs	Business Design Centre	11am - 3pm	Monday - Friday
T-SHIRT DESIGN with King of Trainers Concepts, personal branding, design and techniques	13-24yrs	Lift Youth Hub	11am - 4pm	Monday - Thursday
BIKE MAINTENANCE with YES Outdoors Learn how to fix and maintain a bike - and you get to keep it!	13-19yrs	Lift Youth Hub	11.30am - 1.30pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	16-21yrs	Cally Pool	11.30am - 12.15pm	Monday - Friday
READY STEADY WORK with Head Held High Get ready for employment through creative tasks and activities	15-24yrs	Platform Youth Hub	12noon - 3pm	Monday - Friday
MULTI-ARTS PROGRAMME with Indigo Prxject (wk 2 of 2) Dance, body art, drumming, costume and prop making	14-24yrs	Platform Youth Hub	12 - 7pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	13-16yrs	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday

SHORT COURSES - WEEK FOUR continued

Monday 15 - Friday 19 August

EMERGENCY FIRST AID AT WORK How to save a life and gain a qualification to boost your CV	16-24yrs	Mary's Youth Club	1.30 - 5pm	Tuesday - Wednesday
GARDEN LUNCH AND GALLERY TOUR Eat a picnic lunch and explore the art	13-21yrs	Estorick Collection	1.30 - 4pm	Tuesday
INDEPENDENT LIVING COOKERY Core cooking skills, budgeting and good value recipes	13-21yrs	Lift Youth Hub	3 - 6pm	Tuesday - Thursday
MAKE YOUR OWN PHONE DOCKING STATION Carpentry and DIY skills with Wood That Works	13-19yrs	Rose Bowl Youth Centre	4 - 6pm	Monday - Friday



Stage lighting with the National Youth Theatre



Dance with Indigo Project

SHORT COURSES - WEEK FIVE

Monday 22 - Friday 26 August

SIA SECURITY GUARD LICENCE (WEEK 2 OF 2) Get qualified for a job in the security industry	18-24yrs	Lift Youth Hub	9am - 5.30pm	Monday - Friday
BECOME A CONFIDENT CYCLIST On-road cycle skills sessions plus a tour of London sights	13-19yrs	Finsbury Park	10am - 12noon or 1 - 3pm	Monday - Friday
MAKING ADVERTS FOR SOCIAL MEDIA with Film Creatives. An insight into professional videos	13-17yrs	Platform Youth Hub	10am - 4pm	Monday - Friday
CITY FARMING BUSINESS Animal care, gardening, maintenance, visitor services	15-24yrs	Freightliners City Farm	10am - 5pm	Monday - Friday
EMPLOYABILITY SKILLS with the YET/Progress Team CV writing, interview preparation, jobs info and life skills	16-24yrs	Lift Youth Hub	11am - 1.30pm	Monday - Friday



Tennis with Access to Sports



Music Makers

SHORT COURSES - WEEK FIVE continued

Monday 22 - Friday 26 August

SWIMMING LESSONS Gain water confidence and learn basic swimming skills	13-16yrs	Cally Pool	11.30am - 12.15pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	16-21yrs	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday
TENNIS COACHING CAMP Forehand, backhand, serve and play with Access to Sports	13-19yrs	Finsbury Park	12.30 - 2.30pm	Monday - Thursday
CARIBBEAN COOKING Learn how to make patties, jerk chicken and more	13-21yrs	Lift Youth Hub	3 - 6pm	Tuesday - Thursday
INTRO TO AFROBEATS with ANDROID X Explore new dance moves with director of Crowd CTRL	13-24yrs	Lift Youth Hub	6 - 7.30pm	Monday and Wednesday



Angel Shed, CANDI,
444 Camden Road, N7 0SP

**Aubert Court
Community Centre**
Avenell Rd, N5 1TL

Business Design Centre
52 Upper Street, N1 0QH

Cally Pool
229 Caledonian Road,
N1 0NH

Copenhagen Youth Project
172 Copenhagen St, N1 0ST

Elthorne Park
Hazellville Road, N19 3NF

Estorick Collection
39A Canonbury Square,
N1 2AN

Finsbury Leisure Centre
Norman Street, EC1V 3PU

Finsbury Park
Seven Sisters Rd, N4 1EE

Freightliners City Farm
Sheringham Road, N7 8PF

Islington Boat Club
City Road Basin,
16 Graham Street, N1 8JX

Lift Youth Hub
45 White Lion Street,
N1 9PW

**London Metropolitan
University**
Science Centre, Hornsey
Road, N7 7DD

London Screen Academy
62-66 Highbury Grove,
N5 2AD

**Market Road
Football Pitches**
Market Rd, London N7 9PL

Mary's Youth Club
Upper Street, N1 2TX

National Youth Theatre
443-445 Holloway Road,
N7 6LW

Platform Youth Hub
2 Tiltman Place, off Hornsey
Road, N7 7EE

Prospex
Underground Youth Centre,
Piper Close, N7 8TQ

Rose Bowl Youth Centre
St Paul's Park,
Ramsey Walk, N1 2PT

SoapBox Islington
69 Old Street, EC1V 9HX

Sobell Leisure Centre
Hornsey Road, N7 7NY

The Zone
28 Carleton Road, N7 0EQ



Bike maintenance with YES Outdoors

MORE THINGS TO DO

In addition to Summerversity there are lots more free or low cost things to do in Islington.

Holiday Activities with Food	www.islington.gov.uk/HAF
Access to Sports Project	accesstosports.org.uk
Copenhagen Youth Project, N7 8TQ	cypproject.org
Freightliners Farm, N7 8PF	freightlinersfarm.org.uk
Highbury Roundhouse, N5 1XB	highbury-roundhouse.org.uk
Lift Youth Hub, N1 9PW	liftislington.org.uk
Mary's Youth Club, N1 2TZ	marys.org.uk/youthclub
Platform Youth Hub, N7 7EE	platformislington.org.uk
Prospex, N7 8TQ	prospex.org.uk/holiday
Rose Bowl, N1 2PT	rosebowlislington.org.uk
SoapBox Islington, EC1V 9NJ	soapboxislington.org.uk
The Zone Youth Project, N7 0EQ	izzy-info.com



Animal Care with Freightliners City Farm



www.summerversity.co.uk