

LAUNCHPAD
from possibility to reality

SV
SUMMERVERSITY

SUMMER HOLIDAY ACTIVITIES

For young people 13+ 2022

FREE



ISLINGTON
= For a more equal future



Kayaking at Islington Boat Club

Note: At time of publication Islington Boat Club is closed for maintenance. We hope it will reopen by the school holidays and the courses will run as advertised. See website for latest information.

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SUMMERVERSITY

Summerversity is back and larger than ever with over 100 free courses to help you enjoy your summer, learn new skills and make new friends. From sports to arts, cooking, music, tech and media there is something for everyone.

The Launchpad programme helps young people 16+ prepare for work, careers and further education. Many courses offer accreditations leading to a nationally recognised qualification – great for CVs.

Most courses are suitable for complete beginners. All venues are accessible.

A free lunch will be available with many of the courses.

Activities are free for young people aged 13 – 24 who live or study in Islington.

In this guide you will find the programme listing. Full details and how to book are on the website. If you need help booking drop into a youth hub.

www.summerversity.co.uk

EVERY WEEK SESSIONS

WELLBEING AND SPORTS

Copenhagen Youth Project

Mondays and Tuesdays 25 July - 23 August | 2 - 4pm

Rounders, cycling, crafts and badminton leading to sports day

ARCHERY

Lift Youth Hub

Mondays or Wednesdays 25 July - 24 August | 5 - 6pm or 6 - 7pm

Fun and safe intro to basic skills/techniques with Access to Sports

GYM SESSIONS

Sobell Leisure Centre

Mondays 25 July - 22 August | 6.30 - 8pm

Lose weight, tone up and improve your flexibility and strength

FOOTBALL CAMP

Elthorne Park

Tuesdays and Thursdays 26 July - 11 August | 12 - 1.30pm

Work on ball skills, footwork, fitness and goal scoring

DANCE FUSION

Lift Youth Hub

Wednesdays 27 July - 24 August | 4.30 - 6pm

Different dance styles every week, with Project Pac



Archery at Lift



Cooking at Lift Outdoor Kitchen

HEALTH AND WELLBEING

The Zone

Wednesdays 27 July - 24 August | 4.30 - 8pm

Tools to handle stress through yoga, essential oils and massage

FRIDAY FEAST

Lift Youth Hub

Fridays 29 July - 26 August | 3 - 6pm

Cooking for large groups at Lift Outdoor Kitchen

GYM SESSIONS FOR GIRLS

Sobell Leisure Centre

Fridays 29 July - 26 August | 6.30 - 8pm

Lose weight, tone up and improve your flexibility and strength

FRIDAY SOCIAL

Lift Youth Hub

Fridays 29 July - 26 August | 6 - 8pm

Come along to eat at the Friday Feast and meet new people

SHORT COURSES - WEEK ONE

Monday 25 - Friday 29 July

POOL LIFEGUARDING AWARD 16-24yrs NPLQ accreditation can get you a job at a swimming pool	Cally Pool	8am - 5pm	Monday - Saturday
OUTDOOR CATERING COURSE 13-19yrs Planning, food preparation, cooking and customer service	Lift Youth Hub	9.30am - 2pm	Monday - Friday
GET BEHIND THE CAMERA WORKSHOPS with LSA 13-16yrs Camera, sound, script, costume, music video and visual effects	London Screen Academy	10am - 3pm	Monday - Friday
BASKETBALL ACTIVATORS 13-16yrs Skills, drills and knowledge to deliver fun sessions	London Metropolitan University	10am - 3pm	Thursday
SUMMER SCHOOL with Cubitt Artists (week 1 of 2) 13-19yrs Bronze Arts Award through storytelling, sounds and radio	Lift Youth Hub	10.30am - 4pm	Tuesday - Friday
EMERGENCY FIRST AID AT WORK 16-24yrs How to save a life and gain a qualification to boost your CV	Mary's Youth Club	11am - 6pm	Wednesday
SWIMMING LESSONS 13-16yrs Gain water confidence and learn basic swimming skills	Cally Pool	11.30am - 12.15pm	Monday - Friday
SWIMMING LESSONS 16-21yrs Gain water confidence and learn basic swimming skills	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday
FOOTBALL SPORTS CAMP 13-16yrs Work on ball skills, footwork, fitness and goal scoring	Finsbury Leisure Centre	1 - 3pm	Monday - Thursday

SHORT COURSES - WEEK ONE continued

Monday 25 - Friday 29 July

ROLLER SKATING

Get some skates on and enjoy the fun

13-19yrs

MUSIC PRODUCTION BOOTCAMP

Create, produce and mix music and meet industry insiders

13-24yrs

GAMING TOURNAMENTS with Gain Ctrl

Win prizes playing video games on a cinema-sized screen

13-21yrs

MULTI-SPORTS

Football, basketball, cricket, netball, archery and more

13-21yrs

MULTI-ACTIVITIES FOR YOUNG PEOPLE with SEND

Arts, crafts, gym, sports, games and team-building

13-21yrs

Finsbury Park

1 - 3pm

Monday -
Thursday

SoapBox Islington

1 - 4pm

Tuesday - Friday

Platform Youth Hub

1 - 5pm

Tuesday - Friday

Finsbury Park

1.30 - 3.30pm

Monday -
Thursday

Lift Youth Hub

1.30 - 5.30pm

Monday -
Thursday



SHORT COURSES - WEEK ONE continued

Monday 25 - Friday 29 July

BASKETBALL FOR GIRLS with Access to Sports 13-19yrs Ball handling, footwork, fitness, teamplay and more	London Metropolitan University	2 - 4pm	Monday - Thursday
BASKETBALL with Access to Sports 13-19yrs Ball handling, footwork, fitness, teamplay and more	London Metropolitan University	4 - 6pm	Monday - Thursday
MIX AND BLEND with DJ Joss Simmons 13-19yrs Learn how to use decks and keep an audience entertained	Rose Bowl Youth Centre	4 - 6pm	Tuesday - Friday
GRAFFITI ARTS with Highbury Roundhouse 14-18yrs Express yourself with spray paint	Aubert Court Community Centre	4.30 - 7.30pm	Monday - Thursday



Arts Award with Cubitt Artists



Basketball courses

SHORT COURSES - WEEK TWO

Monday 1 - Friday 5 August

OUTDOOR CATERING COURSE 13-21yrs Planning, food preparation, cooking and customer service	Lift Youth Hub	9.30am - 2pm	Monday - Friday
BECOME A CONFIDENT CYCLIST 13-19yrs On-road cycle skills sessions plus a tour of London sights	Finsbury Park	10am - 12noon or 1 - 3pm	Monday - Friday
MUSIC MAKERS LAB 13-18yrs Sing, play an instrument and be in a band preparing to perform	Platform Youth Hub	10am - 3pm	Monday - Friday
SPORTS LEADERSHIP LEVEL 1 13-16yrs Nationally recognised qualification in sports leadership	Finsbury Park	10am - 4pm	Monday - Friday
BACKSTAGE THEATRE 15-24yrs Theatre lighting, sound, stage management and design	National Youth Theatre	10am - 5pm	Monday - Friday
BE A MOVER AND SHAKER with All Change 16-24yrs Inclusive dance project for young women	Platform Youth Hub	10.30am-4pm	Monday - Friday
SUMMER SCHOOL with Cubitt Artists (week 2 of 2) 13-19yrs Bronze Arts Award through storytelling, sounds and radio	Lift Youth Hub	10.30am - 4pm	Tuesday - Friday
TRAINER DESIGN with King of Trainers 13-24yrs Concepts, branding, design tools and sales	Lift Youth Hub	11am - 4pm	Monday - Thursday
MAKE A THEATRE PERFORMANCE 13-19yrs Create and act in a show with Angel Shed	Angel Shed Theatre	11am - 4pm	Tuesday - Friday
SWIMMING LESSONS 16-21yrs Gain water confidence and learn basic swimming skills	Cally Pool	11.30am - 12.15pm	Monday - Friday

SHORT COURSES - WEEK TWO continued

Monday 1 - Friday 5 August

SWIMMING LESSONS 13-16yrs Gain water confidence and learn basic swimming skills	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday
ROLLER SKATING 13-19yrs Get some skates on and enjoy the fun	Finsbury Park	1 - 3pm	Monday - Thursday
GAMES DESIGN AND GAMING 13-19yrs Industry standard design skills using Maya and Unity	SoapBox Islington	1 - 3pm	Tuesday - Friday
DISCOVER TECH with SoapBox 13-19yrs Explore new tech like 3D Printing, VR, game design and music	Mary's Youth Club	1 - 3pm	Monday
TAG ARCHERY with Access to Sports 13-16yrs Action-packed game with bows and foam-tipped arrows	Finsbury Park	1.30 - 3.30pm	Monday - Thursday
MULTI-ACTIVITIES FOR YOUNG PEOPLE with SEND 13-21yrs Arts, crafts, gym, sports, games and team-building	Lift Youth Hub	1.30 - 5.30pm	Monday - Thursday
BASKETBALL FOR GIRLS with Access to Sports 13-19yrs Ball handling, footwork, fitness, teamplay and more	London Metropolitan University	2 - 4pm	Monday - Thursday
GET YOUR MOPED CBT LICENCE 16-24yrs Get qualified to make money as a delivery rider	Rose Bowl Youth Centre	4 - 6pm	Monday - Saturday
BASKETBALL with Access to Sports 13-19yrs Ball handling, footwork, fitness, teamplay and more	London Metropolitan University	4 - 6pm	Monday - Thursday
DIY - UPCYCLE FURNITURE with Highbury Roundhouse 14-18yrs Give small items a new life with carpentry, paint and more	Aubert Court Community Centre	4.30 - 7.30pm	Monday - Thursday

SHORT COURSES - WEEK THREE

Monday 8 - Friday 12 August

FOOTBALL REFEREE COURSE 14-24yrs Useful FA qualification that can lead to part-time work	Market Road Pitches	9am - 5pm	Wednesday - Friday
OUTDOOR CATERING COURSE 13-21yrs Planning, food preparation, cooking and customer service	Lift Youth Hub	9.30am - 2pm	Monday - Friday
FANTASY AND SPECIAL EFFECTS MAKEUP 13-18yrs Transform using prosthetics, cosmetics and everyday items	Prospex	10am - 5pm	Monday - Friday
STA SWIMMING TEACHERS COURSE 16-24yrs Become a qualified level 2 swimming teacher with this award	Cally Pool	10am - 6pm	Monday - Thursday and Saturday
BECOME A CONFIDENT CYCLIST 13-19yrs On-road cycle skills sessions plus a tour of London sights	Finsbury Park	10am - 12noon or 1 - 3pm	Monday - Friday
BIKE MAINTENANCE with YES Outdoors 13-19yrs Learn how to fix and maintain a bike - and get to keep it!	Platform Youth Hub	11am - 1pm	Monday - Friday
SWIMMING LESSONS 13-16yrs Gain water confidence and learn basic swimming skills	Cally Pool	11.30am - 12.15pm	Monday - Friday
MULTI-ARTS PROGRAMME with Indigo Prxject (wk 1 of 2) 14-24yrs Dance, body art, drumming, costume and prop making	Platform Youth Hub	12 - 7pm	Monday - Friday
SWIMMING LESSONS 16-21yrs Gain water confidence and learn basic swimming skills	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday
PRESS PLAY GAME SHOW 13-21yrs Fun competitive team games that will get you on your feet	Lift Youth Hub	12.30 - 4pm	Tuesday - Thursday
DISCOVER TECH with SoapBox 13-19yrs Explore new tech like 3D Printing, VR, game design and music	The Zone	1 - 3pm	Monday

SHORT COURSES - WEEK THREE continued

Monday 8 - Friday 12 August

FILM MAKING

13-19yrs

Screen writing, filming, directing and editing bootcamp

STREET SMART SAFETY with JIGSAW

14-24yrs

Ways to stay safe from crime, gangs, negative social media and more

ATHLETICS

13-16yrs

Coached track and field activities with Access to Sports

BIKE MAINTENANCE with YES Outdoors

13-19yrs

Learn how to fix and maintain a bike - and get to keep it!

VEGETARIAN AND VEGAN COOKING

13-21yrs

Learn the basics of curries, wraps, bakes and more

BASKETBALL with Access to Sports

13-19yrs

Ball handling, footwork, fitness, teamplay and more

SoapBox Islington

1 - 3pm

Tuesday - Friday

Lift Youth Hub

12.30 - 3pm

Monday - Friday

Finsbury Park

1.30 - 3.30pm

Monday -
Thursday

Rose Bowl Youth Centre

3 - 5pm

Monday - Friday

Lift Youth Hub

3 - 6pm

Tuesday -
Thursday

London Metropolitan
University

4 - 6pm

Monday -
Thursday

Music production with SoapBox



Make a theatre performance with Angel Shed



SHORT COURSES - WEEK FOUR

Monday 15 - Friday 19 August

SIA SECURITY GUARD LICENCE (WK 1 OF 2) Get qualified for a job in the security industry	18-24yrs	Lift Youth Hub	9am - 5.30pm	Thursday - Friday
BECOME A CONFIDENT CYCLIST On-road cycle skills sessions plus a tour of London sights	13-19yrs	Finsbury Park	10am - 12noon or 1 - 3pm	Monday - Friday
OUTDOOR CATERING COURSE Planning, food preparation, cooking and customer service	13-21yrs	Lift Youth Hub	9.30am - 2pm	Monday - Friday
ANIMAL CARE Fun farm activities, working with animals	13-15yrs	Freightliners City Farm	10am - 1.30pm	Monday - Friday
WEBSITE IN A WEEK with Enterprise Starter Build an Ignition Engine website for your brand or business	16-24yrs	Business Design Centre	11am - 3pm	Monday - Friday
T-SHIRT DESIGN with King of Trainers Concepts, personal branding, design and techniques	13-24yrs	Lift Youth Hub	11am - 4pm	Monday - Thursday
BIKE MAINTENANCE with YES Outdoors Learn how to fix and maintain a bike - and you get to keep it!	13-19yrs	Lift Youth Hub	11.30am - 1.30pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	16-21yrs	Cally Pool	11.30am - 12.15pm	Monday - Friday
READY STEADY WORK with Head Held High Get ready for employment through creative tasks and activities	15-24yrs	Platform Youth Hub	12noon - 3pm	Monday - Friday
MULTI-ARTS PROGRAMME with Indigo Prxject (wk 2 of 2) Dance, body art, drumming, costume and prop making	14-24yrs	Platform Youth Hub	12 - 7pm	Monday - Friday
SWIMMING LESSONS Gain water confidence and learn basic swimming skills	13-16yrs	Ironmonger Row Baths	12.15 - 1pm	Monday - Friday

SHORT COURSES - WEEK FOUR continued

Monday 15 - Friday 19 August

EMERGENCY FIRST AID AT WORK 16-24yrs
How to save a life and gain a qualification to boost your CV

GARDEN LUNCH AND GALLERY TOUR 13-21yrs
Eat a picnic lunch and explore the art

INDEPENDENT LIVING COOKERY 13-21yrs
Core cooking skills, budgeting and good value recipes

MAKE YOUR OWN PHONE DOCKING STATION 13-19yrs
Carpentry and DIY skills with Wood That Works

Mary's Youth Club

1.30 - 5pm

**Tuesday -
Wednesday**

Estorick Collection

1.30 - 4pm

Tuesday

Lift Youth Hub

3 - 6pm

**Tuesday -
Thursday**

Rose Bowl Youth Centre

4 - 6pm

Monday - Friday



Stage lighting with the National Youth Theatre



Dance with Indigo Prxject

SHORT COURSES - WEEK FIVE

Monday 22 - Friday 26 August

SIA SECURITY GUARD LICENCE (WEEK 2 OF 2)

18-24yrs

Get qualified for a job in the security industry

BECOME A CONFIDENT CYCLIST

13-19yrs

On-road cycle skills sessions plus a tour of London sights

MAKING ADVERTS FOR SOCIAL MEDIA

13-17yrs

with Film Creatives. An insight into professional videos

CITY FARMING BUSINESS

15-24yrs

Animal care, gardening, maintenance, visitor services

EMPLOYABILITY SKILLS with the YET/Progress Team

16-24yrs

CV writing, interview preparation, jobs info and life skills

Lift Youth Hub

9am – 5.30pm

Monday - Friday

Finsbury Park

10am - 12noon
or 1 - 3pm

Monday - Friday

Platform Youth Hub

10am - 4pm

Monday - Friday

Freightliners City Farm

10am - 5pm

Monday - Friday

Lift Youth Hub

11am - 1.30pm

Monday - Friday



Tennis with Access to Sports



Music Makers

SHORT COURSES - WEEK FIVE continued

Monday 22 - Friday 26 August

SWIMMING LESSONS

13-16yrs

Gain water confidence and learn basic swimming skills

SWIMMING LESSONS

16-21yrs

Gain water confidence and learn basic swimming skills

TENNIS COACHING CAMP

13-19yrs

Forehand, backhand, serve and play with Access to Sports

CARIBBEAN COOKING

13-21yrs

Learn how to make patties, jerk chicken and more

INTRO TO AFROBEATS with ANDROID X

13-24yrs

Explore new dance moves with director of Crowd CTRL

Cally Pool

11.30am -
12.15pm

Monday - Friday

Ironmonger Row Baths

12.15 - 1pm

Monday - Friday

Finsbury Park

12.30 - 2.30pm

Monday -
Thursday

Lift Youth Hub

3 - 6pm

Tuesday -
Thursday

Lift Youth Hub

6 - 7.30pm

Monday and
Wednesday



Costume Making with LSA



Swimming lessons

Angel Shed, CANDI,
444 Camden Road, N7 0SP

**Aubert Court
Community Centre**
Avenell Rd, N5 1TL

Business Design Centre
52 Upper Street, N1 0QH

Cally Pool
229 Caledonian Road,
N1 0NH

Copenhagen Youth Project
172 Copenhagen St, N1 0ST

Elthorne Park
Hazellville Road, N19 3NF

Estorick Collection
39A Canonbury Square,
N1 2AN

Finsbury Leisure Centre
Norman Street, EC1V 3PU

Finsbury Park
Seven Sisters Rd, N4 1EE

Freightliners City Farm
Sheringham Road, N7 8PF

Islington Boat Club
City Road Basin,
16 Graham Street, N1 8JX

Lift Youth Hub
45 White Lion Street,
N1 9PW

**London Metropolitan
University**
Science Centre, Hornsey
Road, N7 7DD

London Screen Academy
62-66 Highbury Grove,
N5 2AD

**Market Road
Football Pitches**
Market Rd, London N7 9PL

Mary's Youth Club
Upper Street, N1 2TX

National Youth Theatre
443-445 Holloway Road,
N7 6LW

Platform Youth Hub
2 Tiltman Place, off Hornsey
Road, N7 7EE

Prospex
Underground Youth Centre,
Piper Close, N7 8TQ

Rose Bowl Youth Centre
St Paul's Park,
Ramsey Walk, N1 2PT

SoapBox Islington
69 Old Street, EC1V 9HX

Sobell Leisure Centre
Hornsey Road, N7 7NY

The Zone
28 Carleton Road, N7 0EQ



MORE THINGS TO DO

In addition to Summerversity there are lots more free or low cost things to do in Islington.

Holiday Activities with Food	www.islington.gov.uk/HAF
Access to Sports Project	accesstosports.org.uk
Copenhagen Youth Project, N7 8TQ	cypproject.org
Freightliners Farm, N7 8PF	freightlinersfarm.org.uk
Highbury Roundhouse, N5 1XB	highbury-roundhouse.org.uk
Lift Youth Hub, N1 9PW	liftislington.org.uk
Mary's Youth Club, N1 2TZ	marys.org.uk/youthclub
Platform Youth Hub, N7 7EE	platformislington.org.uk
Prospex, N7 8TQ	prospex.org.uk/holiday
Rose Bowl, N1 2PT	rosebowlislington.org.uk
SoapBox Islington, EC1V 9NJ	soapboxislington.org.uk
The Zone Youth Project, N7 0EQ	izzy-info.com



Animal Care with Freightliners City Farm



www.summerversity.co.uk