123 Magic Behaviour Management Support

The 123 Magic Behaviour Management Programme is a five-week programme available for parents and carers of children ages 2 to 12 years diagnosed with ADHD or who display challenging behaviour. The programme aims to empower parents and carers with techniques to use in the home to better manage behaviour, whilst developing their confidence and understanding of their child's behaviour.

This Behaviour Management Programme offers parents and carers support and easy to follow steps to immediately manage challenging behaviour with reason, patience and compassion.

The programme provides simple tools for:

- Controlling / managing unacceptable behaviour (e.g. testing and manipulative behaviour such as whining, badgering, physical attacks, swearing, aggression)
- Encouraging positive behaviour (morning and bedtime routines, eating meals, household chores, cleaning up after themselves)
- Strengthening the child - parent relationship (and building your child's self-esteem)

The following training session is available for professionals to obtain a brief understanding of the programme and how to make a referral.

1-2-3 Magic Behaviour Management Programme Presentation for Professionals

Date: Monday 8th September 2025

Time: 1.30pm – 3pm

Meeting ID: 322 714 848 129 4
Passcode: L2Cf94JA

Click here to join meeting.