



Community
Sports
Trust

NHS
West London
NHS Trust

brentfordfccst.com



Calling all coaches and trainers!

Do you work in the sports industry?

Are you interested in finding out more about eating disorders?

Sign up to attend our training and explore the connections between food, body image and eating challenges.

Topics covered include:

- Types of eating disorders and disordered eating
- Warning signs and symptoms
- Communication and support strategies

Date: **Wednesday 5th February, 2025**

Time: **09.30 - 15.30**

Location: **Community Stadium Hub,
1a Thomas Layton Way,
London TW8 0SB**

Scan the QR code to find out more.

Realising Potential
Include, Innovate, Inspire

