



Community
Sports
Trust

Realising Potential
Include, Innovate, Inspire



brentfordfcst.com



Football for Thought

Weekly football and wellbeing session, open to people of all abilities

On
Your
Side

Participants:

Adults 18+

Open to MINT and forensic service users under the care of West London NHS Trust and adults seeking support with their mental health

Day:

Every Tuesday

Time:

11.00 - 12.00

Location:

Gunnersbury Park Sports Hub 4G Pitch,
Popes Lane, London W3 8LQ

Scan the QR code to register

For more information, please contact:

health@brentfordfcst.com

